

FLORIDA DEPARTMENT OF HEALTH IN DUVAL COUNTY

Overdose Data to Action (OD2A) Program Update

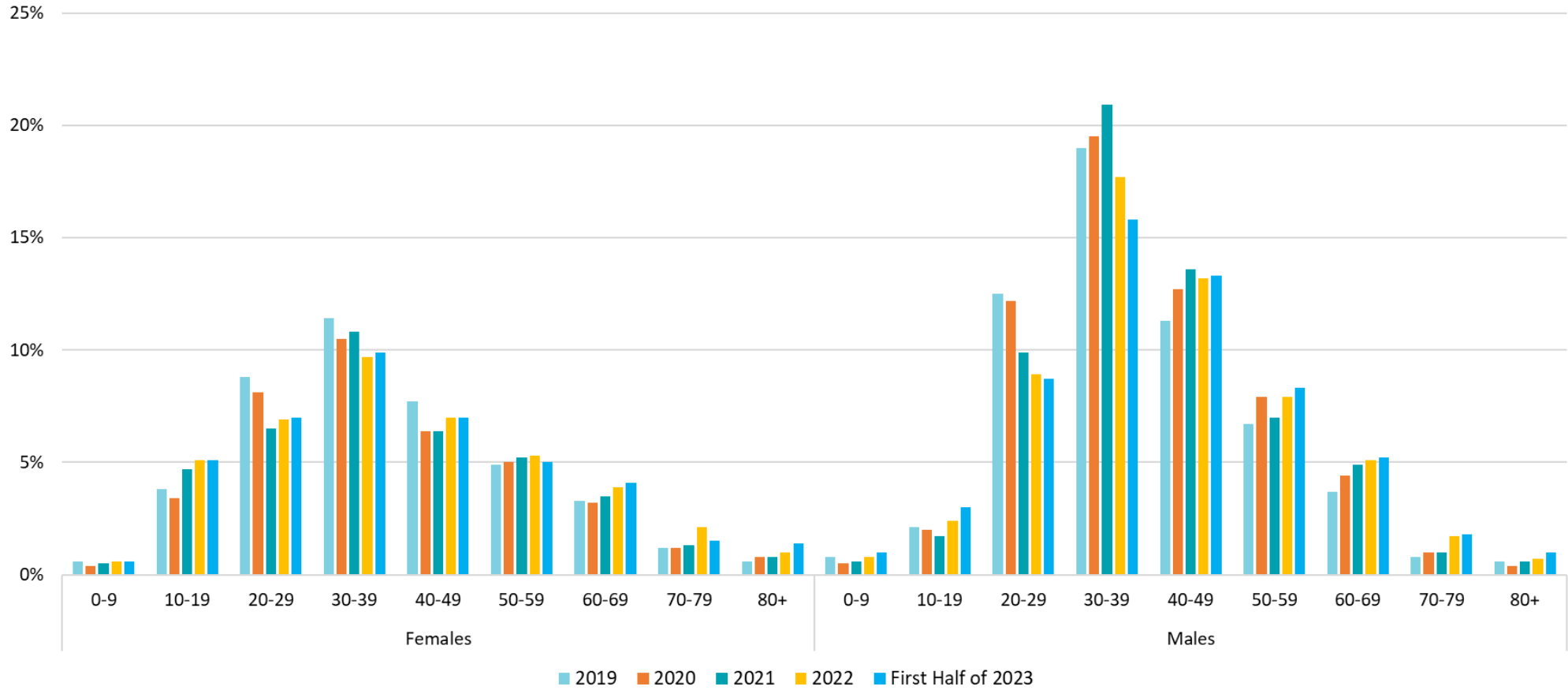
The logo for Florida Health is positioned on the left side of the slide. It features a circular graphic containing a sunset scene over the ocean. The sun is low on the horizon, creating a bright glow and casting long shadows across the sky. The sky is filled with various shades of orange, yellow, and teal, with scattered clouds. The text 'Florida HEALTH' is overlaid on the bottom half of the circle in a white, sans-serif font. 'Florida' is in a larger font size than 'HEALTH', which is in all caps.

**Florida
HEALTH**

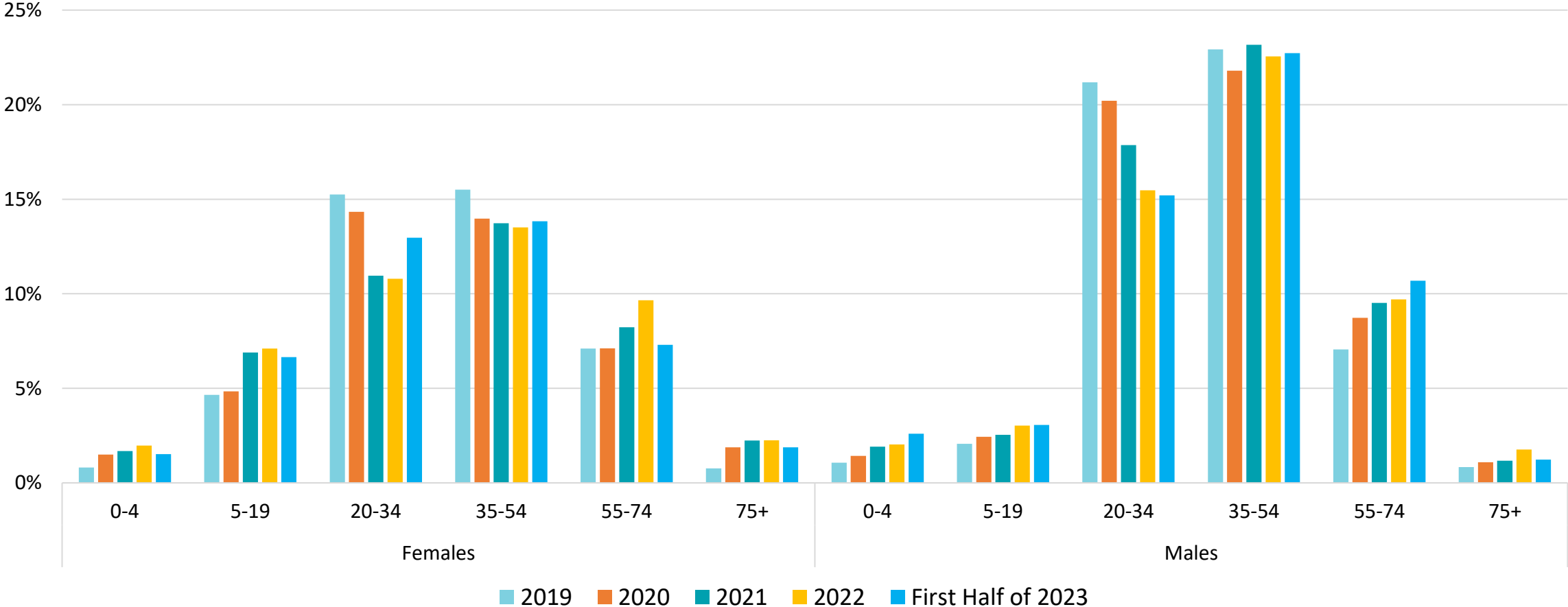


Kelsey Spangle, MS, MPH, CPH is the Epidemiologist for the Overdose Data to Action (OD2A) Program at the Florida Department of Health in Duval County. She achieved her Bachelors of Science in Biology in 2013. Ms. Spangle began her career working in pediatric primary care, then transitioning into the biotechnology field. She went on to attain a Master of Science in Biotechnology with a specialization in Biosecurity and Biodefense in 2017 and then a Master of Public Health with a focus in Epidemiology in 2021. She was working in quality assurance, but has transitioned into the public health sector, where DOH-Duval was her initial role in epidemiology.

All Drug Overdose Emergency Department (ED) Visits by Age Groups and Sex Among 0-80+ Year Olds from January 2019 to June 2023



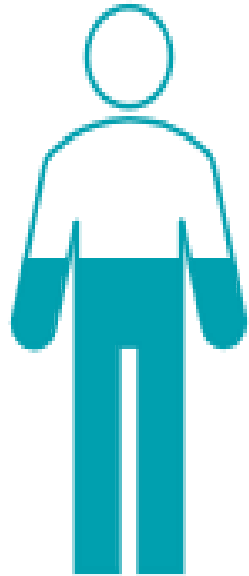
All Drug Overdose Emergency Department (ED) Visits by Age Groups and Sex Among 0-75+ Year Olds from January 2019 to June 2023



By **Hospital** Location: Duval County

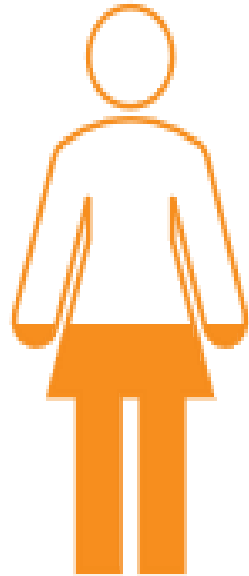
All Drug Overdose by Sex from January 2019 to June 2023

55%



Male

44%



Female

By **Patient** Location: Duval County

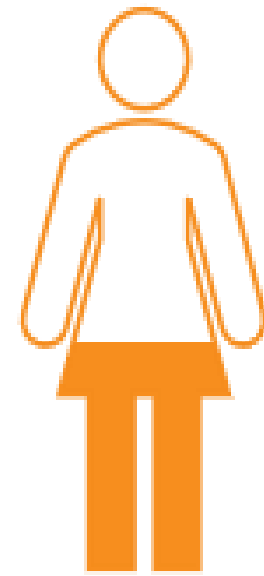
All Drug Overdose by Sex from January 2019 to June 2023

59%



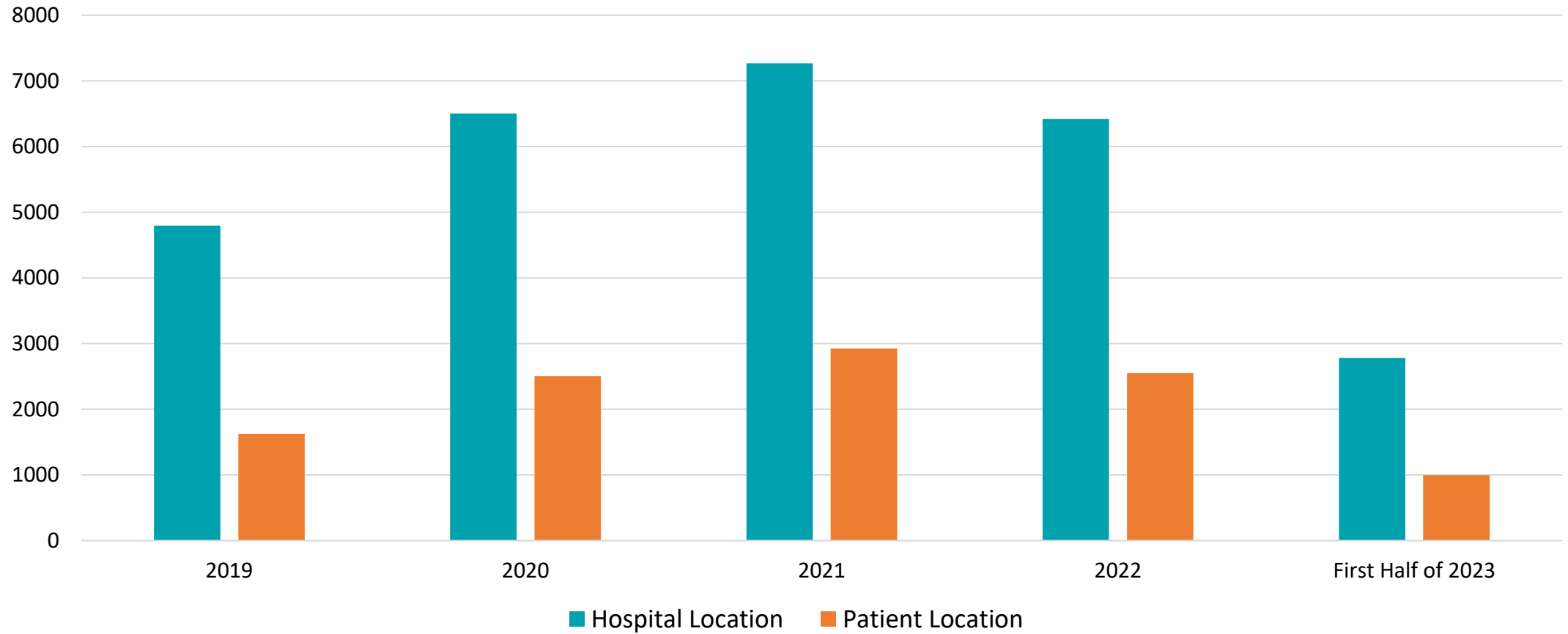
Male

41%

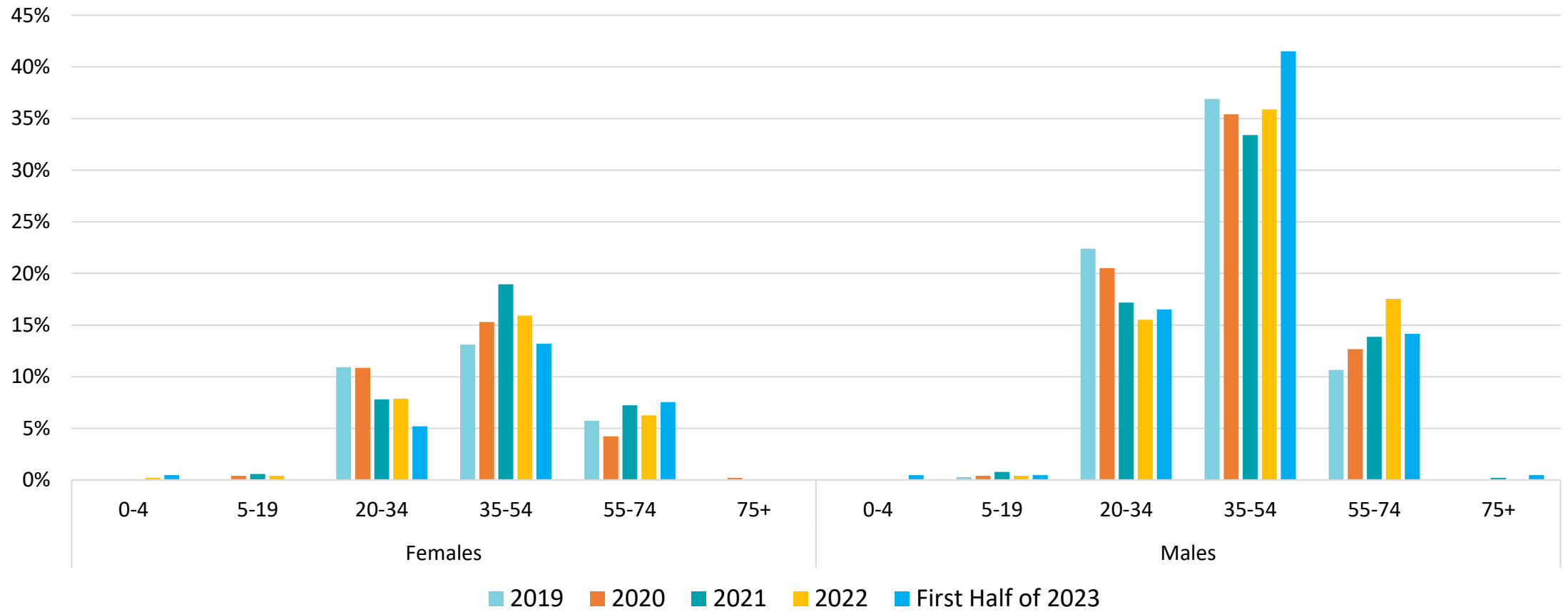


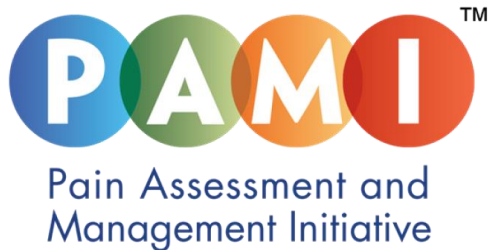
Female

All Drug Overdose Emergency Department (ED) Visits by Patient Location and Hospital Location from January 2019 to June 2023



All Drug Fatal Overdose Medical Examiner by Age Groups and Sex Among 0-75+ Year Olds from January 2019 to June 2023





STRENGTHENING FAMILIES THROUGH SERVICES



FLORIDA STATE UNIVERSITY
COLLEGE OF MEDICINE



The R.O.S.E. Project
Recovery Obtained through Strength and Empowerment



Health Planning
Council OF NORTHEAST
FLORIDA





Premier Biotech

- Urinalysis of overdose survivors at local EDs that consent to Project Save Lives
- Toxicology findings reported at community meetings



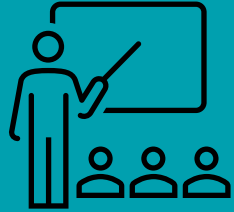
Project Save Lives

- Surveillance of linkage activities
 - 12% received treatment plus peer support
 - Linked to 3 wrap-around services on average, including housing, employment, and recovery support



DOH-Duval

- Near real-time surveillance data shared with community partners
- Challenges:
 - Data elements and case definitions vary between agencies
 - Difficulties accessing up-to-date data from agencies



Prescription Drug Monitoring Programs (PDMPs) provide timely information about prescribing and patient behaviors

- **Connections made with prescribers through Health Education and Training Committee of Northeast Florida Polydrug Taskforce**
- **PDMP toolkit developed for providers, prescribers, and dispensers**
- **County-level PDMP data shared monthly with partners**
- **“PDMP Best Practices” CME course hosted in Duval County and taught by the FL PDMP Foundation**



- Collaborative meetings with state OD2A program and OD2A funded counties in Florida
- Collaboration with the State of Florida's Coordinated Opioid Recovery (CORE) program
- Drug Epidemiology Network meetings between 8 counties in FL to identify gaps in services
- 3 contracts and 10 subcontracts established with OD2A funding

Project Save Lives

- Peers engage overdose survivors in the ED to immediately consider options to enter treatment
 - 5,805 overdose survivors consented to PSL
- Recognized as a Model Practice by NACCHO in 2022



“A peer is - think of a cheerleader. The cheerleader does not get out in the field and play the game...nor does the peer get up in the stands...that’s your provider. The peer keeps both sides motivated.”



“A provider could share how terrible this is for your body and blah, blah, blah. But [when] someone says, 'this is what I used to do, this is what I do now, this is what I went through,' it really changes the dynamic of the emotional connection that's happening.”

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

- **Developed protocol for universal SBIRT screening at DOH-Duval’s Centers for Women and Children**

Strategy 6: Establishing Linkages to Care

Inspire to Rise:

- Community-based peer recovery program in zip code with the highest number of overdoses in Duval County
 - Served 322 clients
 - 53 Plans of Safe Care established
 - Expanded to an additional high risk zip code in Year 3



**PEER & FRIENDS COMMUNITY GARDEN
HARVESTING, WEEDING AND PLANTING
PARTY!**

Sunday, March 19th, 2023 at 3 PM
5927 Old Timuquana Rd, Jacksonville, FL 32210



This is Azma. She does not eat broccolini. Although she's very happy about the broccolini!

We talk about our life journeys while we weed, harvest and plant. Come be a part of the community with us!



Healthy Start - The R.O.S.E. Project:

- Community-based peer recovery program for pregnant/postpartum mothers
- Peer recovery specialist home visitation program
 - Served 94 clients
 - 75 Plans of Safe Care established
 - No reported overdoses among program enrollees



Participation in the Health Education and Training Committee

- Networking opportunities with Duval County providers
- Health provider survey to identify training gaps
- Data sharing opportunities on drug use trends and overdoses

Project ECHO training sessions to aid with implementation of PSL

- 28 Project ECHO trainings hosted with 130 individuals trained, topics included:
 - Good clinical documentation
 - Intake documentation and screening
 - Suicidal ideation
 - Treatment plan development



Yoga 4 Change

- Pre-trial diversion program for court involved individuals
- Trauma-informed yoga programming focuses on:
 - Pain management
 - Stress reduction
 - Mindfulness and self-regulation of mood
- 545 completed Yoga 4 Change program
- Facilitators of success:
 - Support from courts, State Attorney, and Jacksonville Sheriff's Office
 - Yoga 4 Change's ability to quickly transition to virtual formats

Yoga 4 Change participant: "This program has taught me a lot about myself. From where I was and where I want to be. I have found my focus again. I had lost it. I understand my triggers now and know what I have to do with the tools that this program has given me, I have a positive outlook ahead of me. Stay positive and stay in control."

Duval County Court Judge: "We didn't have any programs in our county to help educate, rehabilitate, and reshape defendants' conduct as opposed to just doing straight jail time so I sentenced them to Yoga 4 Change. Some of them wrote to me afterwards and said that they've never felt so at peace."

Strategy 9: Empowering Individuals to Make Safer Choices



Sample of UF-PAMI's toolkit items for pain management

- UF PAMI rapidly expanded from the ED setting to inpatient, outpatients, and pain clinic settings
- 3,727 pain management toolkits distributed
- 1,075 pain management coaching sessions provided

"I've been able to handle the stress a lot better since coming home."

"Everything was helpful and important for my healing process."

ABOUT OTC ORAL PAIN MEDICATIONS

- Medications available for purchase at local pharmacies and stores without a prescription are called over-the-counter (OTC) medications
- Oral OTC pain medications include nonsteroidal anti-inflammatory medications (NSAIDs) and acetaminophen
- Acetaminophen (Tylenol®) and an NSAID can be taken together, if needed
- Ask your local pharmacist if the cost is covered by your insurance plan
- Talk to your healthcare provider prior to taking these medications

Warnings:

- Read and follow all directions and warnings on packaging
- Do not take more than prescribed
- Do not take for more than 10 days unless prescribed by your doctor
- Many products have multiple active ingredients. Review medication packaging for all active ingredients
- There are several nonprescription NSAIDs; only take one NSAID at a time and only as directed
- Avoid alcohol when taking these medications
- Avoid taking medications on an empty stomach
- Keep out of reach of children and pets

PAMI

Pain Assessment and Management Initiative

Contact us

Phone: 904 - 244 - 4986
Email: pami@jax.ufl.edu
Website: pami.emergency.med.jax.ufl.edu

Search us using:

@ufpami

PAMI

Pain Assessment and Management Initiative

OVER-THE-COUNTER ORAL PAIN MEDICATIONS

A guide to understanding OTC oral pain medications for adults & adolescents

Scan the QR code to visit our website:

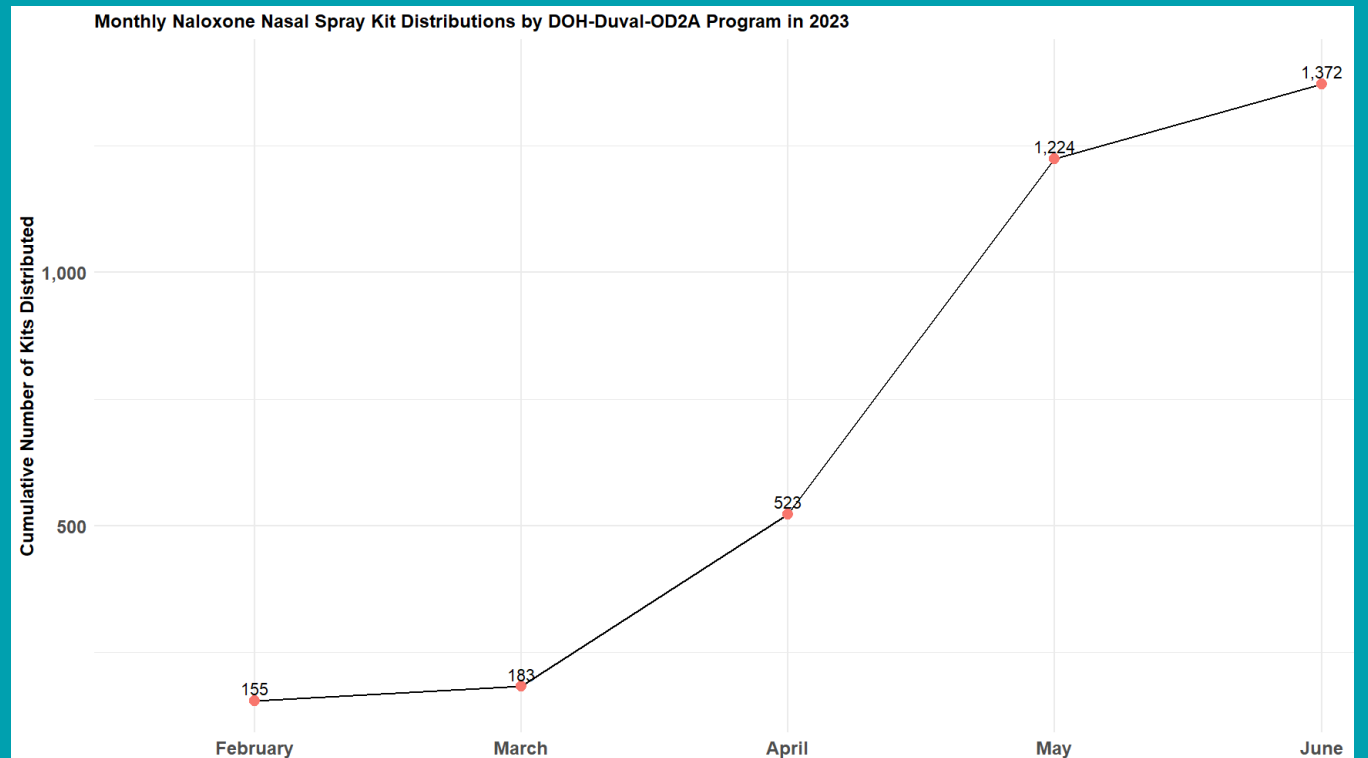
Pediatric OTC Oral Dosing information can be found here:

Updated 05/25/2023

Always tell your healthcare provider about all medications you are taking, including OTC options, herbals and supplements.

Strategy 9: Empowering Individuals to Make Safer Choices

- **Narcan distribution in partnership with the Department of Children and Families (DCF) I Save Florida program**
- **3,457 Narcan kits distributed since February 2023**
- **Over \$2 million-dollar redirect approved by CDC for Narcan and fentanyl test strip distribution program with community partners established**



DOH-Duval-OD2A Marketing:

Activity: Increase overdose public awareness



OD2A marketing campaign in 205 buses and 17 shelters

OD2A is Overdose Data to Action, a program linking you to **Substance Use Disorder Prevention and Resources**

Contact Us for More Information:



Duval.FloridaHealth.gov

Overdose Data to Action is a national grant program with 100% of its funding from the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, CDC/HHS, or the U.S. Government.

Florida Health is the first accredited public health system in the U.S.



Has **Substance Use Disorder** taken over your life?
We Can Help You **Take Back Control.**

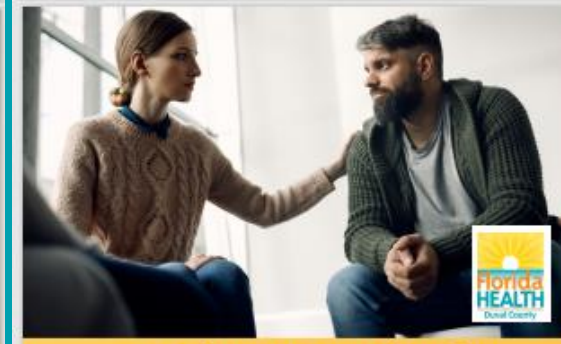
Start Your Recovery Today:



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Print
Advertisements

Substance Misuse & Overdose Prevention

Overdose Data to Action (OD2A) is the Centers for Disease Control and Prevention's (CDC) grant program created to reduce the overdose epidemic in the U.S.

For more information:
Visit Duval.FloridaHealth.gov and click on OD2A under Programs & Services.

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BE THE ONE TO CARRY NARCAN®

Carry **NARCAN®**. Save a life.

Narcan Nasal Spray temporarily (30-90 Minutes) stops a life-threatening opioid overdose but does not take the place of emergency medical care.

Once the nasal spray is given to a person who is overdosing, **DIAL 9-1-1**.

NARCAN® will NOT stop any other drug overdose. There is no adverse effect on people who receive the nasal spray but are not overdosing on opioids.

Talk with your doctor. Many patients are not aware that their opioid medication may be putting them at risk for addiction and overdose.

Common opioids:
Fentanyl, Hydrocodone, Hydromorphone, Methadone, Morphine, Codeine, Oxycodone and Oxymorphone.

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Overdose Data to Action (OD2A)

Be the one to carry **NARCAN®** when it counts. Available at these DOH-Duval locations:

- Central Health Plaza
515 W 6th Street, Jacksonville, FL 32206
904-253-1000
- Environmental Health
921 N Davis Street, Bldg. B, Jacksonville, FL 32206
904-253-1280

For more information visit:
Duval.FloridaHealth.gov

Money Paper Magazine Cover Wrap

Strategy 9: Empowering Individuals to Make Safer Choices

Zaine-Ali Ansari Project

- **Goal: Decrease stigma around substance abuse in Jacksonville Muslim community**
 - Recruited and trained 77 influential members of the Muslim community as Peer Educators (Ansaris)
 - Ansaris delivered 128 workshops in the mosques throughout Jacksonville
- **Provided resources and assistance to over 2,000 individuals in the Muslim community in 6 months**
 - 2,466 individuals participated in workshops



Strategy 9: Empowering Individuals to Make Safer Choices

Hearts 4 Minds

- Goal: Spread awareness and reduce stigma about substance abuse and mental health among youth through Murals with Meaning program
- 4 murals completed with OD2A funding
 - Each mural includes a QR code that links to resources
 - Approximately 52,000 people were connected to information and resources through mural in Avondale area
- OD2A funds also supported a crisis text line
 - Since December 2022, there were over 15,000 text conversations



Strategy 9: Empowering Individuals to Make Safer Choices



Yoga 4 Change

- Trauma-informed classes offered in person and virtually at behavioral health facilities to individuals with co-occurring substance use and behavioral health disorders
- 1,193 completed Yoga 4 Change program
 - 58% reported at least a 10% increase in mood
 - 65% reported at least a 10% decrease in stress
 - 49% reported at least a 10% decrease in pain



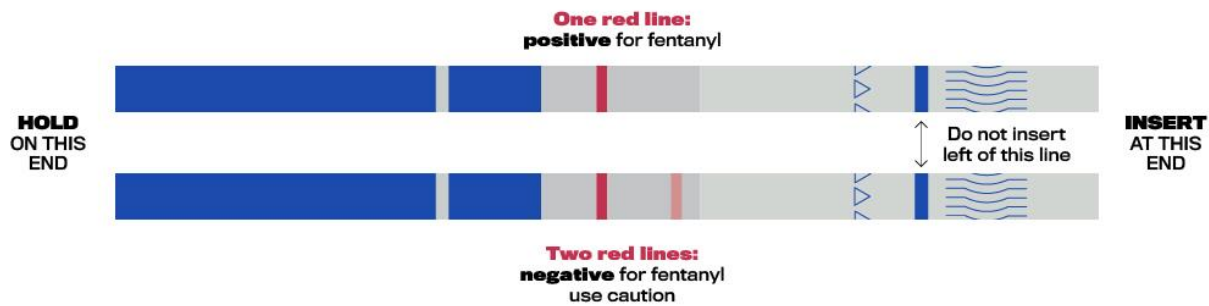
**Yoga 4
Change**



New grant - Overdose Data to Action: Limiting Overdose through Collaborative Actions in Localities (LOCAL)

- Naloxone and fentanyl test strip through community partners
- Distribution partners include agencies serving clients at high risk for an overdose or that are likely to witness an overdose

FENTANYL TEST STRIPS





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