

# Southeast Rural Opioid Technical Assistance Regional Center (ROTA-RC)

FSU College of Social Work's Center for the Study & Promotion of Communities, Families, and Children









# ROTA-RC

Southeast Rural Opioid Technical Assistance Regional Center

is funded by a grant from

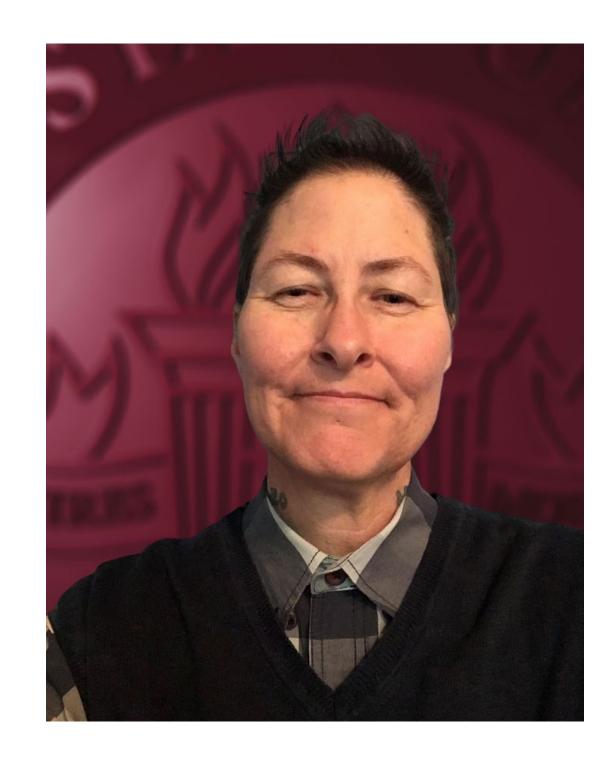
# SAMHSA

Substance Abuse and Mental Health Services Administration

# Presented by McCallison

# KC Callison M.A., CATC, FCCM

Opioid Prevention and Harm Reduction Specialist
Florida State University, Center for the Study and
Promotions of Communities, Families, and Children
Certified Addiction Treatment Counselor
Adjunct Professor, Tallahassee Community College



# FSU CFC Center ROTA-RC Team



Ellen Piekalkiewicz
Director & Principle
Investigator



Savannah Collier Assistant Director of ROTA-RC, CFC Program Manager



Tai Cole Content & Curriculum Developer, CFC Program Manager



Carli Lucius Outreach Specialist



KC Callison
Opioid Prevention &
Harm Reduction
Specialist



Nancy Revell
Digital Specialist,
Wordpress Consultant

# Our Partners

# FAMU Partners



Ciara Holloman Extension Agent I (Health), Florida A&M University



Vonda Richardson Director, Associate Administrator, Cooperative Extension, Florida A&M University



Dr. Dreamal Worthen Extension Program Developer & Professor, Florida A&M University



Dr. Jacquelin McMillan Assistant Professor of Social Work. Florida A&M University

# Subject Matter Experts



Dr. Tanya Renn Associate Professor, Assistant Teaching Professor, College Director of Institute for Justice Research & Development, Florida State University



Dr. Jane Dwyer Lee of Social Work, Florida State University



Dr. Robert Walker Assistant Professor, Retired, College of Medicine Department of Behavioral Science & Center on Drug & Alcohol Research, University of Kentucky



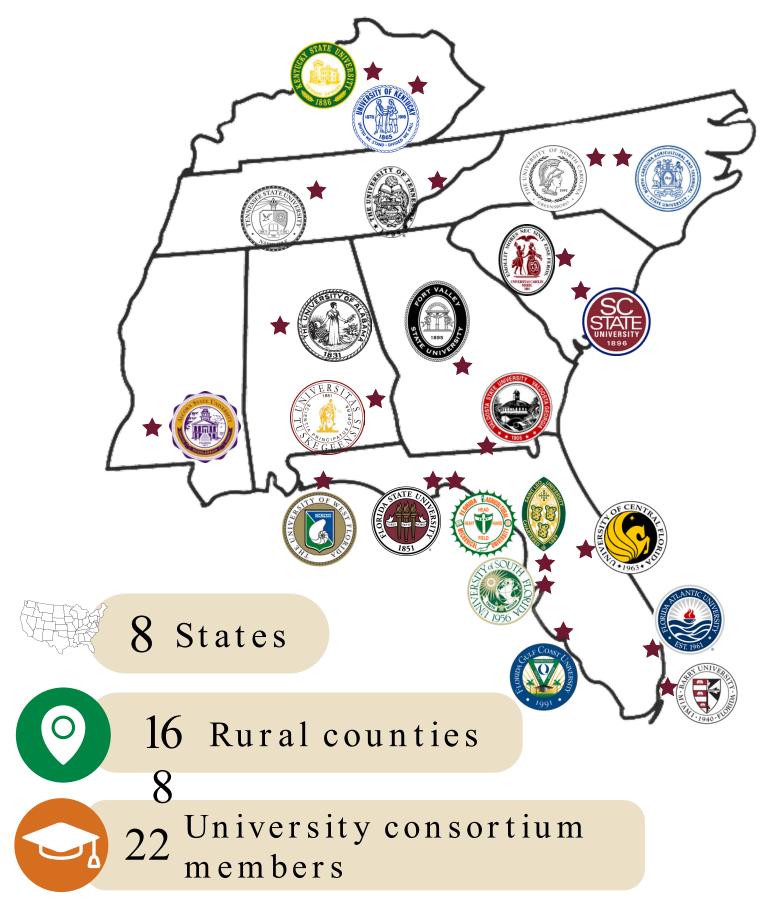
Dr. Barbara Andraka-Christou Assistant Professor, School of Global Health Management & Informatics, University of Central Florida



Raoul Lavin Adjunct Professor, Askew School of Public Administration, Florida State University



Zimmerman Co-Principle Investigator, Assistant Professor, College of Communication & Information, Florida State University



# About Us

Who We Are

ROTA-RC seeks to develop and disseminate training and technical assistance to address opioid and stimulant use affecting rural communities in the eight states in Region 4.

ROTA-RC will expand awareness of opioid and stimulate use, harm reduction, and options for treatment to improve the resiliency of the targeted 168 rural communities.



8,563 Individuals to be served

(Librarians, Clinicians, BSW/ MSW students, Dentists, Healthcare Professionals, Community Partners & Providers, High School Teachers & Students)

# Goal 1

Expand SAMHSA Florida
Consortium to the Southeastern
Higher Education Rural Opioid
Consortium.

# Goal 4

Develop an array of consultations, trainings, & technical assistance on mental health approaches to enhance resilience in stressful events that contribute to opioid & stimulant misuse.

# Goal 2

Conduct needs
assessments in
counties to
identify needs
for prevention,
intervention,
treatment, &
recovery
services.

# Goal 3

ROTA-RC

Goals

Collaborate to provide evidencebased training on opioid misuse, OUD, & stimulant use disorder, prevention, harm reduction approaches, treatment, & recovery services.

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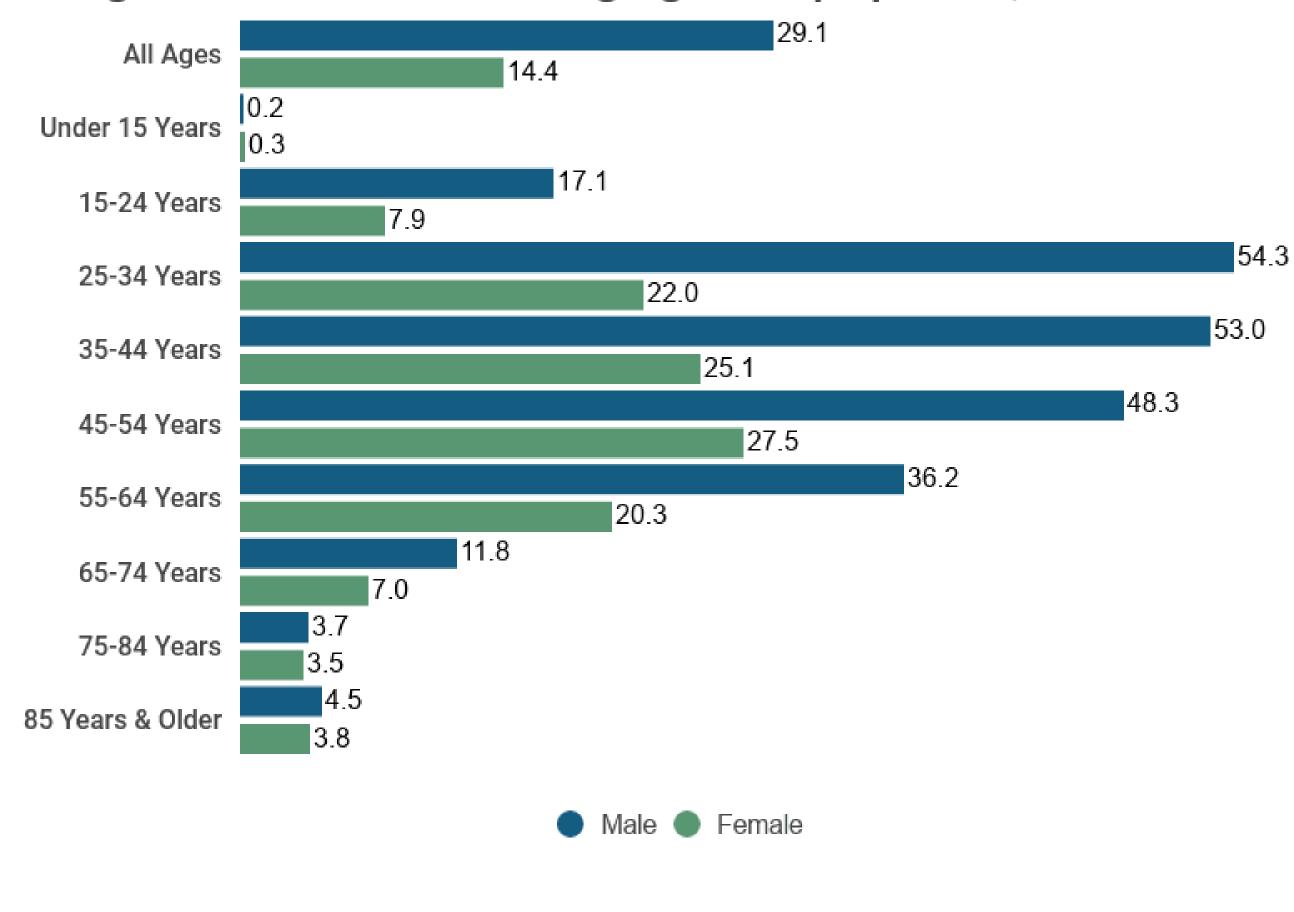
# Importance of Extension Programs in Response to the Opioid Crisis

- 4-H reaches nearly 6 million young people in the United States.
- 4-H programs' values align with the need for American education on substance misuse and the opioid crisis.
- It is critical that 4-H programming be aware of mechanisms causing health disparities in their community.
- It is critical that 4-H has curriculums, programs, and the resources to respond to the Opioid Crisis and do prevention.
- 74% of farmers or farm workers are or have been impacted by opioid misuse.

# Importance of Social Work in Response to the Opioid Crisis

- Almost every front-line social worker will engage with a client struggling with substance use disorder or a family with a loved one struggling over the course of their career.
- Social workers must be equipped with the best clinical tools to help clients navigate a path to treatment and recovery.
- With providing direct services, they can be a part of the full continuum - prevention, diagnosis, intervention, and recovery.
- If not directly providing substance and mental health treatment, social workers ensure that individuals, families, and communities are linked with these services, and address critical gaps in the continuum of care.

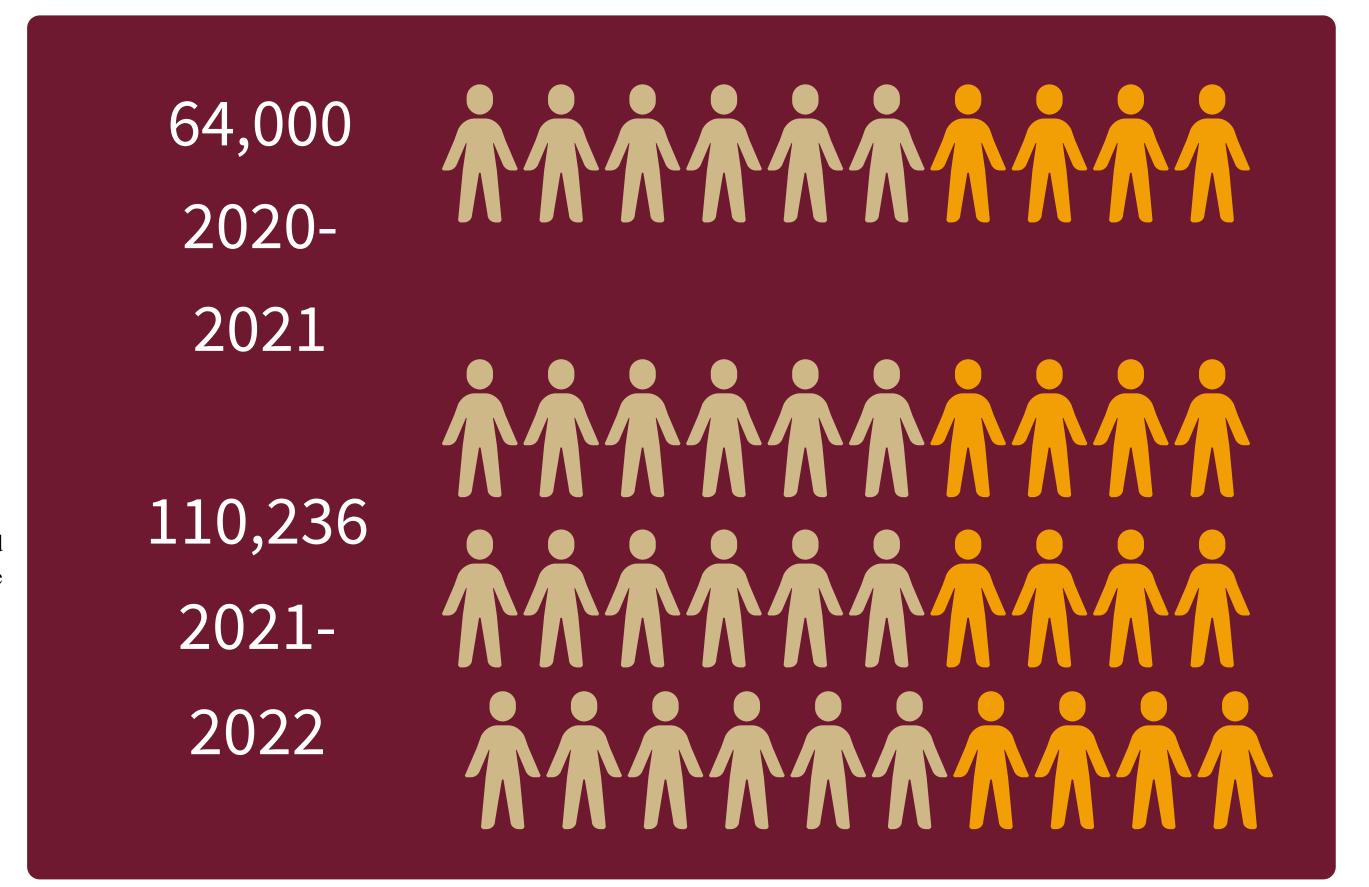
# Drug Overdose Deaths Among Age Groups per 100,000 Residents



NCDAS
National Center for
Drug Abuse Statistics

The synthetic opioid fentanyl, a drug approved for pain treatment, killed more than 64,000 Americans from April 2020 to April 2021, according to the Centers for Disease Control and Prevention.

The avalanche of overdose deaths—driven largely by the spread of illicit fentanyl found a staggering 110,236 people died in a single 12-month period, a stunning new record for 2022.



Steps were immediately taken to coordinate with consortium members, content experts, and community partners to begin working towards strategic action.



Rural Resiliency
Opioid Use Disorders & Rural Resiliency
SE ROTA - Spring Symposium 2023

127 individuals to share knowledge.

24 consortium members representing 19 of our 22 university partners.

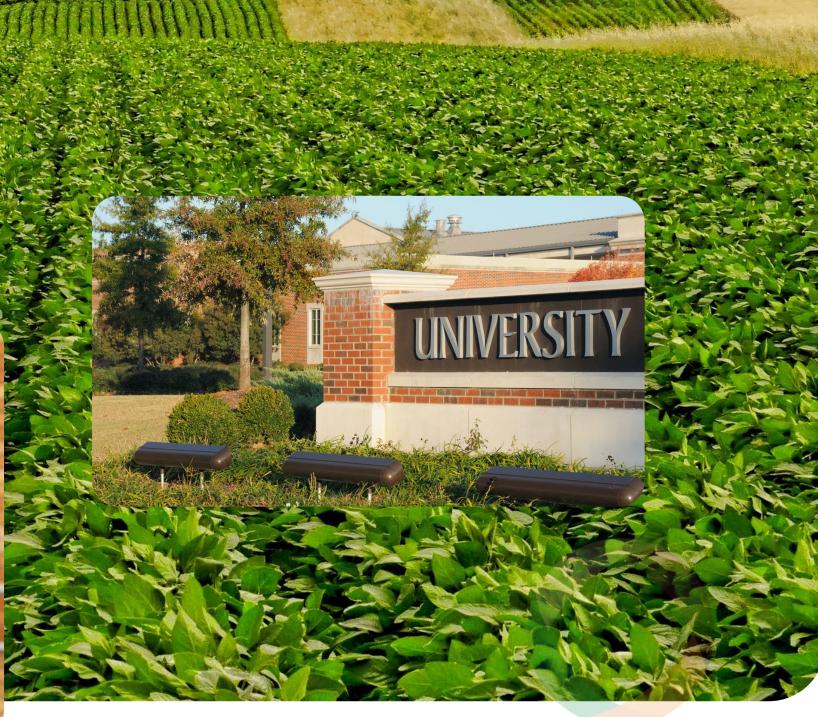






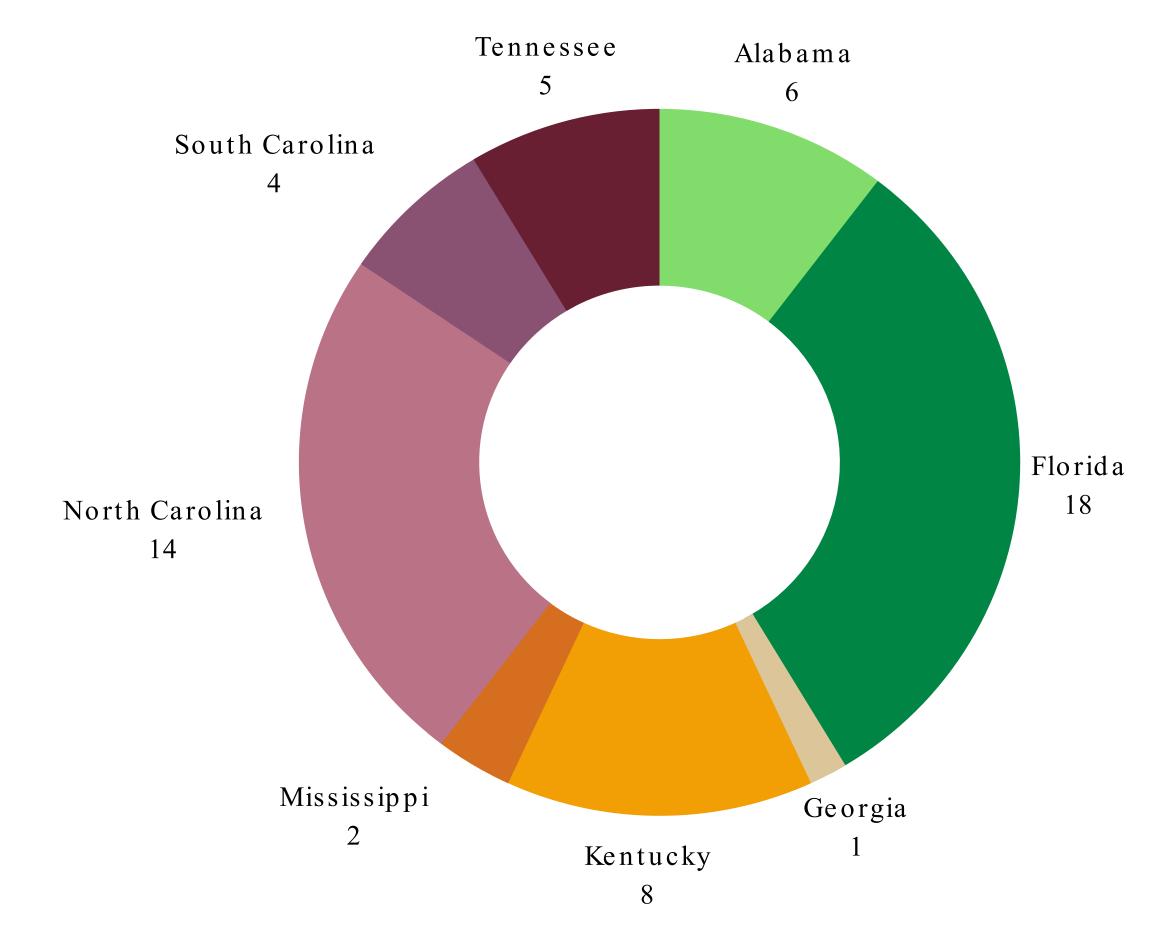






# Year 1 Regional SOR/TOR and Community Contacts

We have established 58 direct contacts through 60 State Opioid Response (SOR)/Tribal Opioid Response (TOR) meetings in year 1, reaching over 454 direct and indirect providers working to increase services and reduce opioid misuse and deaths with Region 4.



"Programs implementing harm reduction services and other activities in support of the health and wellness of people who use drugs, should have easy access to resources and help." (Center for Disease Control and Prevention, 2022)

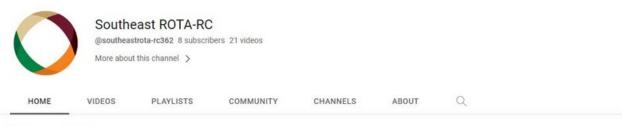


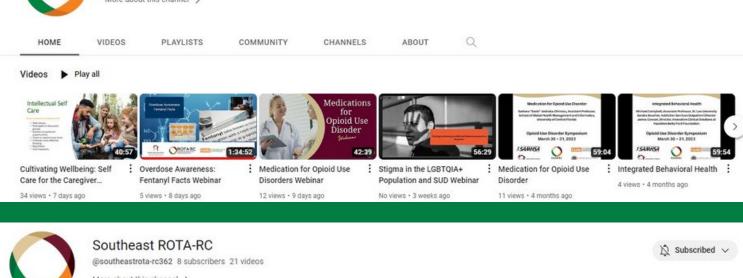
#### Southeast Rural Opioid Technical Assistance Regional Center (ROTA-RC)

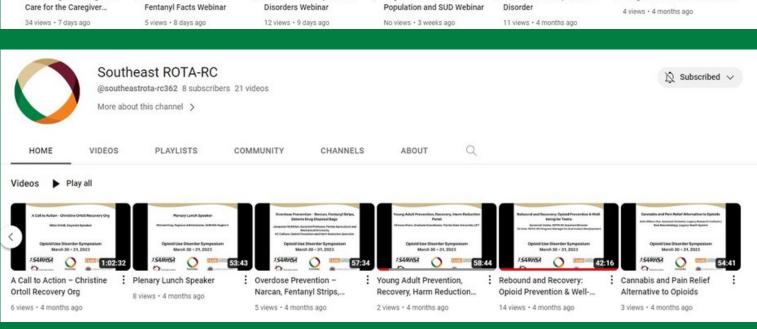
AT THE FLORIDA STATE UNIVERSITY CENTER FOR THE STUDY AND PROMOTION OF COMMUNITIES, FAMILIES, AND CHILDREN



helpline: 800-662-4357, and has a database of treatment facilities and resources at: hhs.gov/opioids







# All our courses can be found on the ROTA-RC website for free and include a diverse range of topics while offering **Continuing Educational Units** from Florida State University

#### **Course Catalog**



**BEGIN COURSE** 

CFC Center

ROTA-RC Trauma-Informed

Harm Reduction Certification

Course

**BEGIN COURSE** 

⚠ Subscribed ∨

#### Solo Lesson 1: Opioid Prevention and Well-Being Course

Designed to incorporate the main topics of Rebound and Recovery for those with less time, by the end of the lesson group members will be able to understand what opioids are, identify what opioid misuse is, and how it affects an individual's emotions, thoughts, actions, and brain. Members of the group will also explore the connection between stress and its impact on thoughts, emotions, and behaviors and learn how to dentify stressors in their lives, along with recognizing how their wellbeing is impacted. THIS COURSE PROVIDES 1 CE GENERAL HOUR.

#### **ROTA-RC Trauma-Informed Harm Reduction Certification Course**

This self-paced training focuses on the core concepts of traumainformed harm reduction as an approach that emphasizes engaging directly with people who use drugs to prevent overdose and infectious disease transmission, improve the physical, mental, and social wellbeing of those served, and offer low-threshold options for accessing substance use disorder treatment and other health care services. THIS COURSE PROVIDES 3 CE GENERAL HOURS.



**BEGIN COURSE** 

In this online course, you will learn the signs, symptoms, and risk

factors for opioid overdose and how to administer Naloxone, also

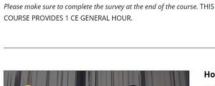
known as Narcan. This course is free and provided by the Southeast

Rural Opioid Technical Assistance Center and funded by SAMHSA

COMENZAR CURSO

**Entrenamiento Naloxone** 

Aprenda Cómo Responder a una Sobredosis: Entrenamiento Naloxone (Narcon)



#### How to Reduce the Stigma of Addiction

In this online course, you will learn about stigma, the impact of it, and tangible ways to reduce stigma on addiction. This course is free and ided by the Southeast Rural Opioid Technical Assistance Center and

CFC Center U

(Narcan)

Aprenda Cómo

Responder a una ives



Please see below for the current training opportunities offered through the Southeast Rural Opioid Technical Assistance Center, All our trainings are available at **no cost** and can be scheduled by clicking the "Set Up Training" buttor

Please send us an email that includes which training you would like to set up and a few days and times that work for you and your organization. We can rovide in-person or virtual training. If you are looking to host an in-person training, there is a 20-attendee minimum

Our training opportunities are geared towards groups, but if you are an individual who is interested in participating in one of these trainings, we can add ou to a training session with an organization or provide you with an asynchronous option. We look forward to working with you soon!



#### **Opioid Harm Reduction Strategies** BY: Dr. Jacquelyn McMillan

This training focuses on harm reduction strategies for opioid nisuse, treatment options, best practices, and prevention

- · Medication assisted treatmen
- Narcan and Naloxone use
- Importance of removing or safeguarding opioids in the

# **Opioid Toolkit Training**

#### BY: Dr. Margaret Sullivar

This training covers the Opioid Toolkit Developed by the OCLC in response to the opioid crisis. It has five parts to aid librarians in understanding the opioid crisis in their commu

- · Using publicly available datasets
- · Connecting with community partners
- · Increasing staff knowledge
- · Creating community outreach

#### Medications for Opioid Use Disorder BY: Dr. Barbra Andraka-Christo

This training introduces the types of medications used to treat opioid use disorder, the impact they have, and information on the following:

- Benefits of medication for opioid use disorder (MOUD)
- . Key differences between how the medications work on the
- · How the medications can be accessed in the United State:
- · Potential barriers to MOUD
- Myths associated with MOUD
- · The importance of advocacy for MOUD for your family, friends, and clients

CEUs Offered: 1 (45 minutes instruction, 15 minutes Q&A)



**Overdose Awareness: Fentanyl Facts** 

# SET UP TRAINING

CEUs Offered: 1 (45 minutes instruction, 15 minutes Q&A)

Stigma in the LGBTQIA+ Population & Substance Use

BY: Prof. KC Callison

population face and effects on mental health and substance use risk, the impact and prevalence, and information on the

This training introduces the types of stigmas the LGBTQIA+

· Benefits of holistic care and allyship

. Information on older LGBTQIA+ adults.

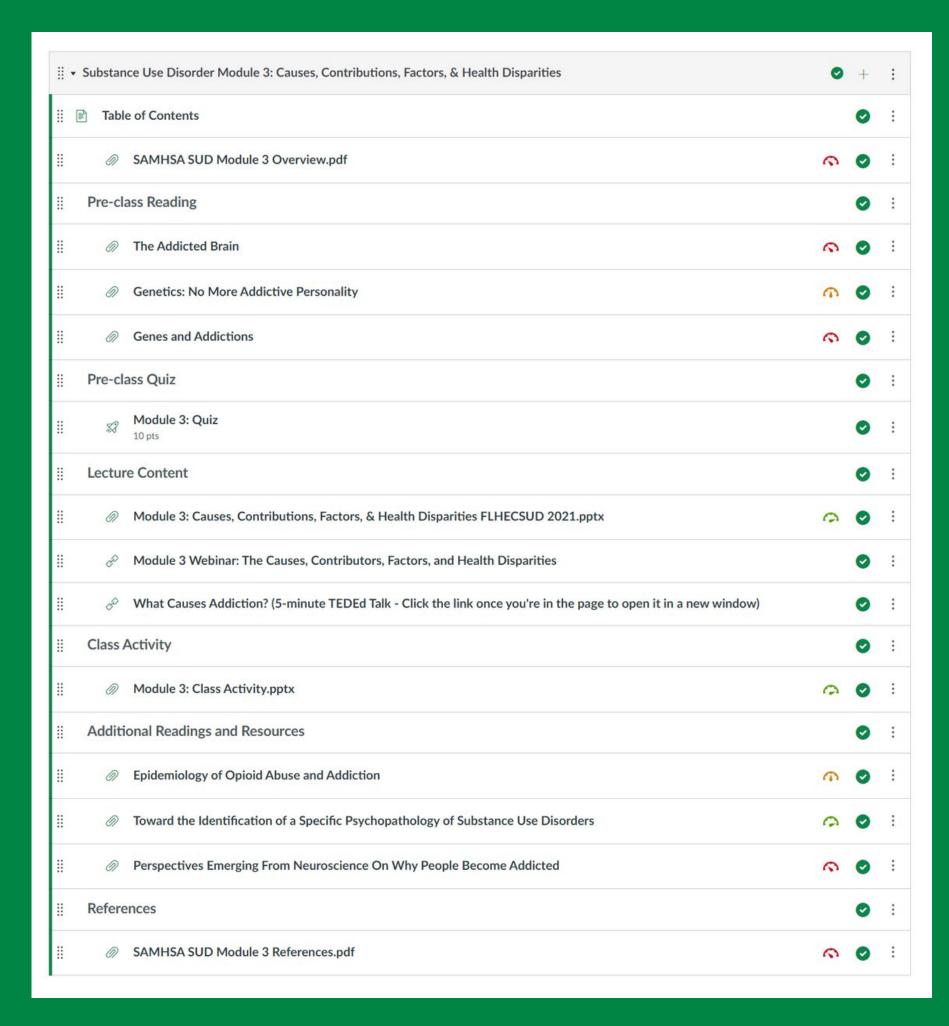
from family, friends, and community.

· Barriers for health and mental health treatment

. The importance of advocacy for LGBTQIA+ and support

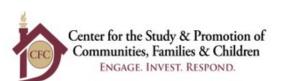


**Cultivating Personal Wellbeing:** Self Care for the Caregivers



# The SUD Manual





# Substance Use Disorder Constant

for Social Worke Health Care Profe



## Statement of Need

# MODULE 1

#### Learning Objectives

Upon completion of this module students will be able to:

- · Explain the overlap of SUD and social work
- List some reasons why SUD knowledge is important
- Describe the purpose of SUD social work education
- Explain why social workers need to be efficient and proficient SUD knowledge

#### Sequence of Study

- · Read "Overview"
- Read Module 1 "Pre-class Assigned Readings"
- · Take "Pre-class Module 1 Quiz"
- Engage with Lecture Content: PowerPoint, assigned readings, videos, and/or audio files
- · Participate in the Module 1 activity
- Read assigned "For Further Reading" articles

## **Abstract**

Module 1 has been created in order to assist your understanding of the need for an increased knowledge about Substance Use Disorders for social work students and social workers in the field.

#### Authors

Dr. Tanya Renn, Florida State University Ellen Piekalkiewicz, Florida State University Tai Cole, Florida State University Jane Dwyer Lee, Florida State University

#### Readings & Resources

The readings and materials for this module are available under Module 1.

"Pre-class Assigned Readings" are labeled as such and are meant to be read prior to class so that efficient processing can occur during the in-class discussion.



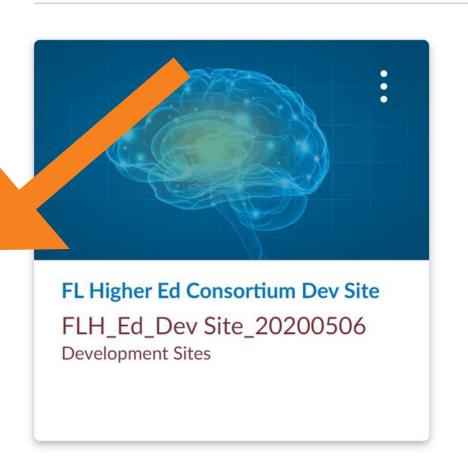
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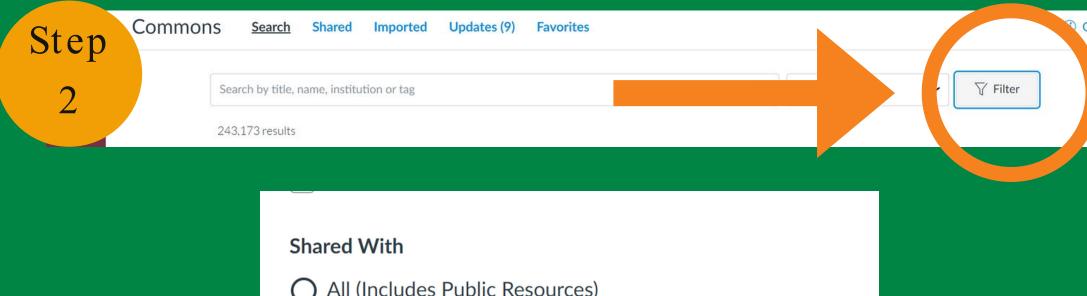


# Dashboard



# Unpublished Courses (1)





Step 3

All (Includes Public Resources)

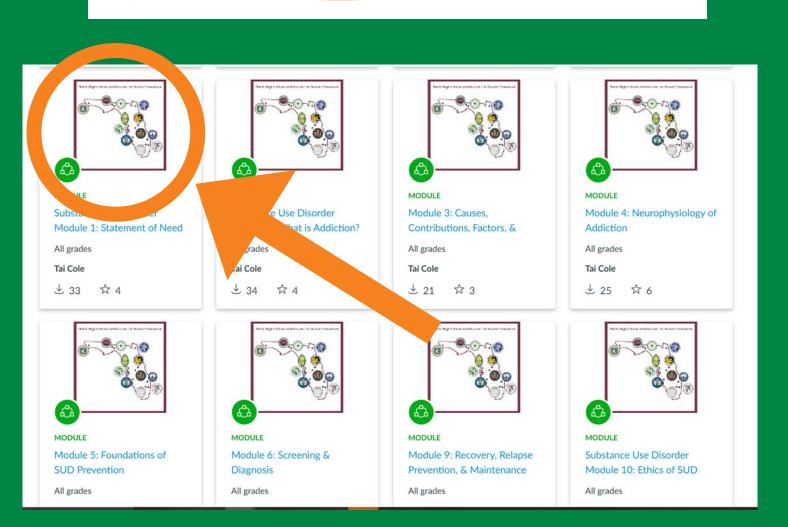
Florida State University

FL Substance Use Disorder Higher Ed Consortium

Florida CourseShare

Step 4

Select the module and download to your Canvas site



# Strategies to Reduce Drug Overdose Deaths: Promote Evidence-based Solutions from Prevention to Recovery

## **PREVENTION**

Educational campaigns & early screening
Interventions tailored to the community
Prescription drug monitoring programs
Evidence-based opioid prescribing guidelines
Regulate promotion and marketing of opioids
Improve behavioral health care access and
coverage

Provide safe disposal locations

## **HARM REDUCTION**

Availability of fentanyl test strips
Naloxone access and training
Syringe services programs
Supervised injection sites

## TREATMENT

Increase access to and coverage for treatment, including telehealth

Medications for opioid use disorder
Expand & diversify treatment workforce
Improve health care workforce addiction training
Reduce stigma for seeking and providing care
Increase access to culturally competent care
Treatment alternatives to incarceration

## **RECOVERY**

Increase employment opportunities for people in recovery

Expand access to recovery housing

Peer counseling

Intensive support to sustain recovery



### Slow breathing

A person may have very slow, shallow breaths, make gurgling noises, or stop breathing.



#### **Trouble waking up**

A person may be awake but unable to talk, or may not respond when you try to wake them up.



#### Changes to skin tone A person's skin tone can turn grayish or ashen to



Other side effects
Nausea and/or vomiting Dry mouth Itching and sweating Increased sensitivity to pair



For more information, email Savannah Collier at ssmith24@fsu.edu or take a FREE Overdose Prevention Training at bit.ly/3isbhLJ









# Respiración lenta Cambios en el tono de piel La ciel de la persona puede volverse gris, ceniza o

a¿Qué hacer DESPUÉS?

Cómo Reconocer una Sobredosis

Cómo Reconocer una Sobredosis





ROTA-RC

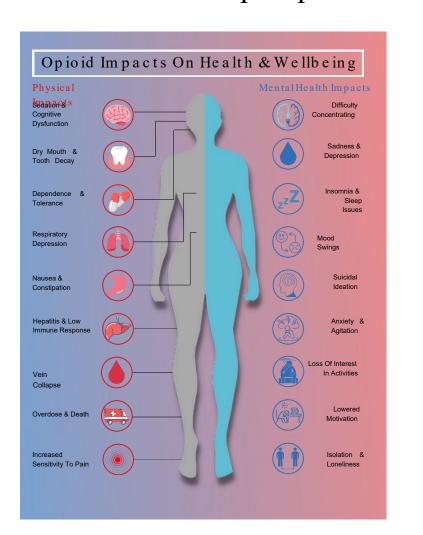
Spanish Resources





According to combined insights from Facebook and Instagram, the Southeast Rota-RC has reached 1,563 people/accounts since January 2023







# REMOVE THE RISK

#### TAKE-BACK SITES

The best option is to take your leftover opioids to a take-back site for proper disposal. Search "medication disposal near me" in Google Maps to find take-back sites in your community!



#### STEP 1: DISPOSE SUBSTANCES

SNUBS TO ALL (COESt crush) with used coffee grounds or kitty litter. Place them in a plastic bag and toss in your household garbage.



Additionally, you can use a Deterra pouch, a simple, environmentally safe way to get rid of unneeded drugs. Just add water, seal, shake, &



(see back for more information)

#### STEP 2: DISPOSE BOTTLES

BOaf The Spersonal information on prescription labels and dispose of the original medicine containers



For more information & resources to combat Opioid use in your community, visit <a href="https://serotarcnetwork.org/">https://serotarcnetwork.org/</a> For more information on safe disposal options, visit https://michigan-open.org/safe-opioid-disposal/



# Our teamwork has produced...

# Involvement & Activities



# Content Available

- 15 modules for MSW and BSW on Substance Use Disorder (SUD)
- How to recognize and respond to an overdose and other handouts incl: pocket sized and Spanish versions
- Trauma-Informed Harm Reduction
   Certification
- How to reduce the stigma of addiction
- Opioid Prevention and Well-Being



# Opioid Prevention Program for Teens

- 1–3-hour interactive class for teens.
- Focuses on well-being and opioid misuse
- Practical skills for coping, goal setting, and reframing negative thoughts.
- Rebound & Recovery for Tweens and Young Adults



# Dissemination

- Canvas
- YouTube channel
- Learning Management System
- Conferences
- Zoom
- By request through course catalog

Check out our YouTube Channel!

https://www.youtube.com/channel/ UCLnL8fuAgi\_ZBUxe32pxhYA

# Public Library Outreach and Education

# The Opioid Toolkit for Librarians

# What is it?

- This training covers the Opioid
   Toolkit Developed by the OCLC in response to the opioid crisis. It has five parts to aid librarians in understanding the opioid crisis in their communities:
- Using publicly available datasets
- Connecting with community partners
- Increasing staff knowledge
- Creating community outreach
- Combatting professional burnout

# Why Libraries?

Libraries are respected institutions that are available in every community. They are run by community members and serve as a hub for getting information to the community.

# Public Library Outreach and Education

# How we started outreach:

- Worked with Information Science
   Professors in our Consortium to get
   the word out to public libraries in
   their area
- Developed a spreadsheet of 185 library contacts in the 165 counties ROTA serves
  - Reached out via email and phone
- Hosted 2 information sessions

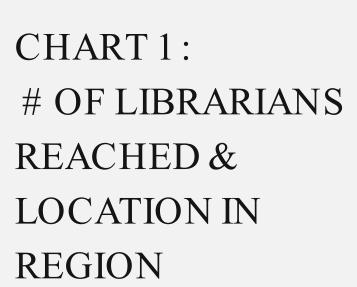
# What worked better!

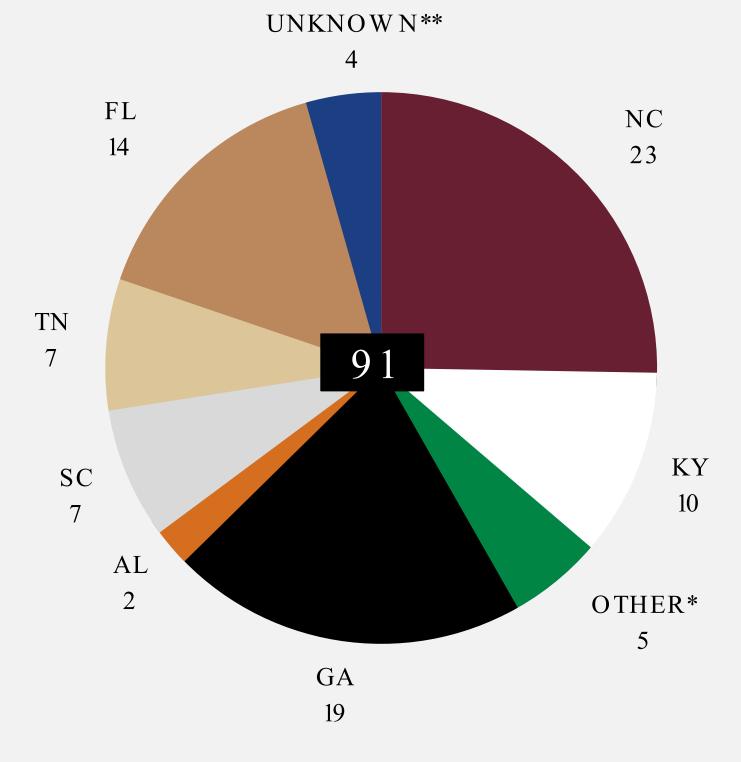
Working from the top
down and connecting with
state libraries yielded
much better results & will
remain our approach in
upcoming Year 2

Year 2 State Library Trainings Scheduled so far

> South Carolina Kentucky

# Opioid Toolkit Reach in Year 1





TRAININGS HOSTED: 7
INFORMATION SESSIONS HOSTED: 2

\*OTHER: Indicates librarians from outside of the region who participated.

These states included West Virginia (2), Ohio (2), Maryland (1)

\*\*UNKNOWN: Indicates librarian did not share location in GPRA Report

# Outreach and Education

# Involvement & Activities



Partnering with Rural Providers, Peer Support Specialist, and Counselors

- 168 rural counties
- 8 states
- Free Narcan and Fentanyl Resource Maps



Resources for High-Risk
Populations and
Community Members

- Opioid Prevention for adult over 65
- Maternal and Neonatal
- LGBTQIA+
- Non-Hispanic Blacks
- Native Americans



Letter of Commitment

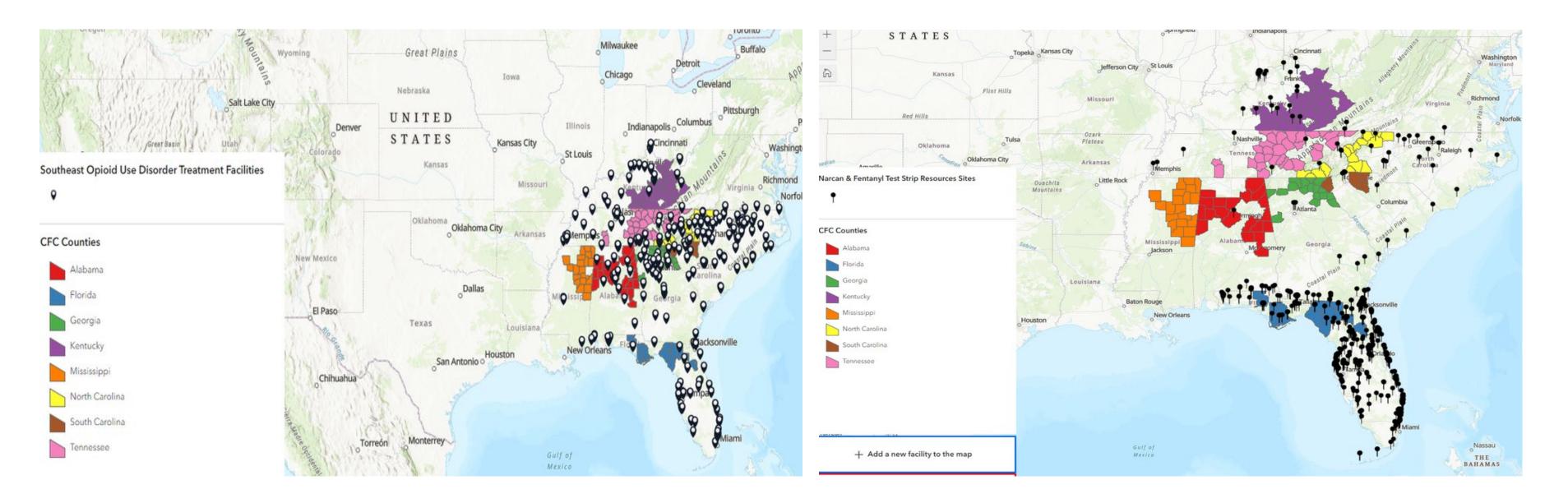
 We will personalize based on each partners' level of interest and commitment

# Southeast Region 4

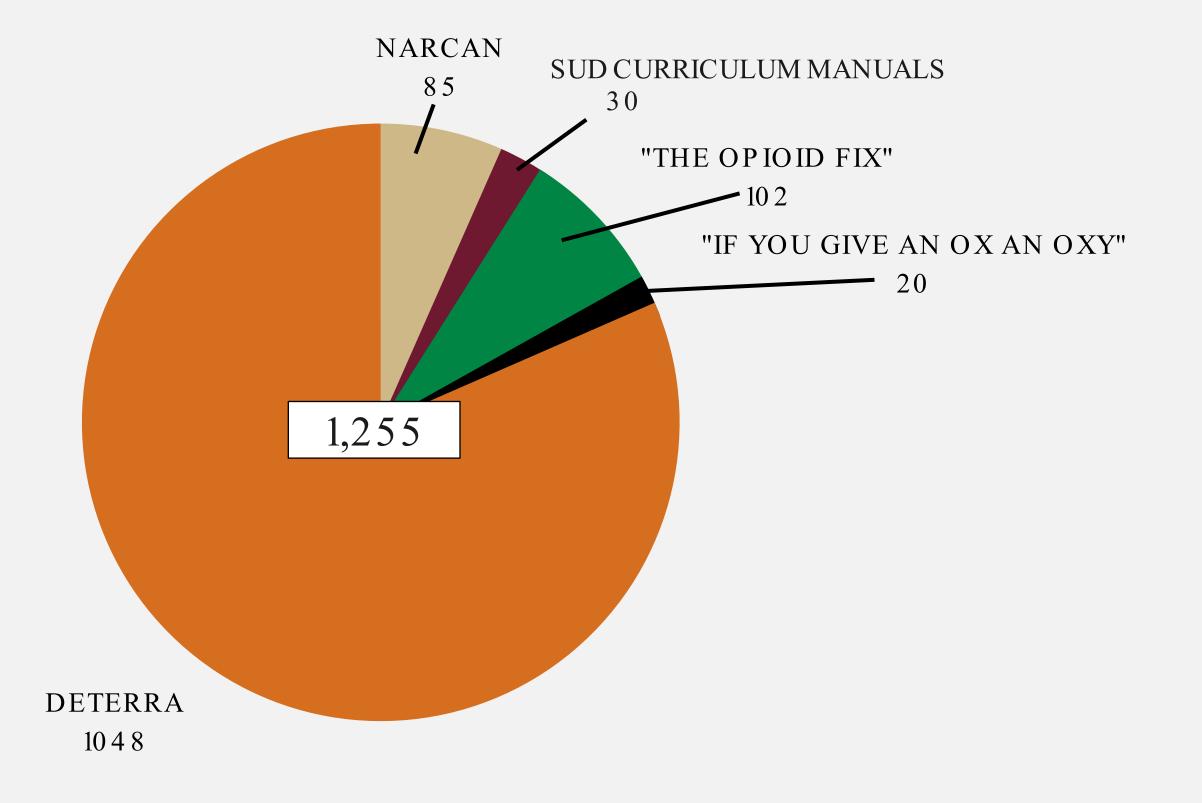
State by State Resource Guides to locate Treatment Facilities and Narcan (Naloxone) & Fentanyl Test Strips ALABAMA | FLORIDA | GEORGIA | KENTUCKY | MISSISSIPPI | NORTH CAROLINA | SOUTH CAROLINA | TENNESSEE

# **Treatment Facilities Map**

# Narcan & Fentanyl Test Strip Map



# Harm Reduction Events & Supplies Distributed

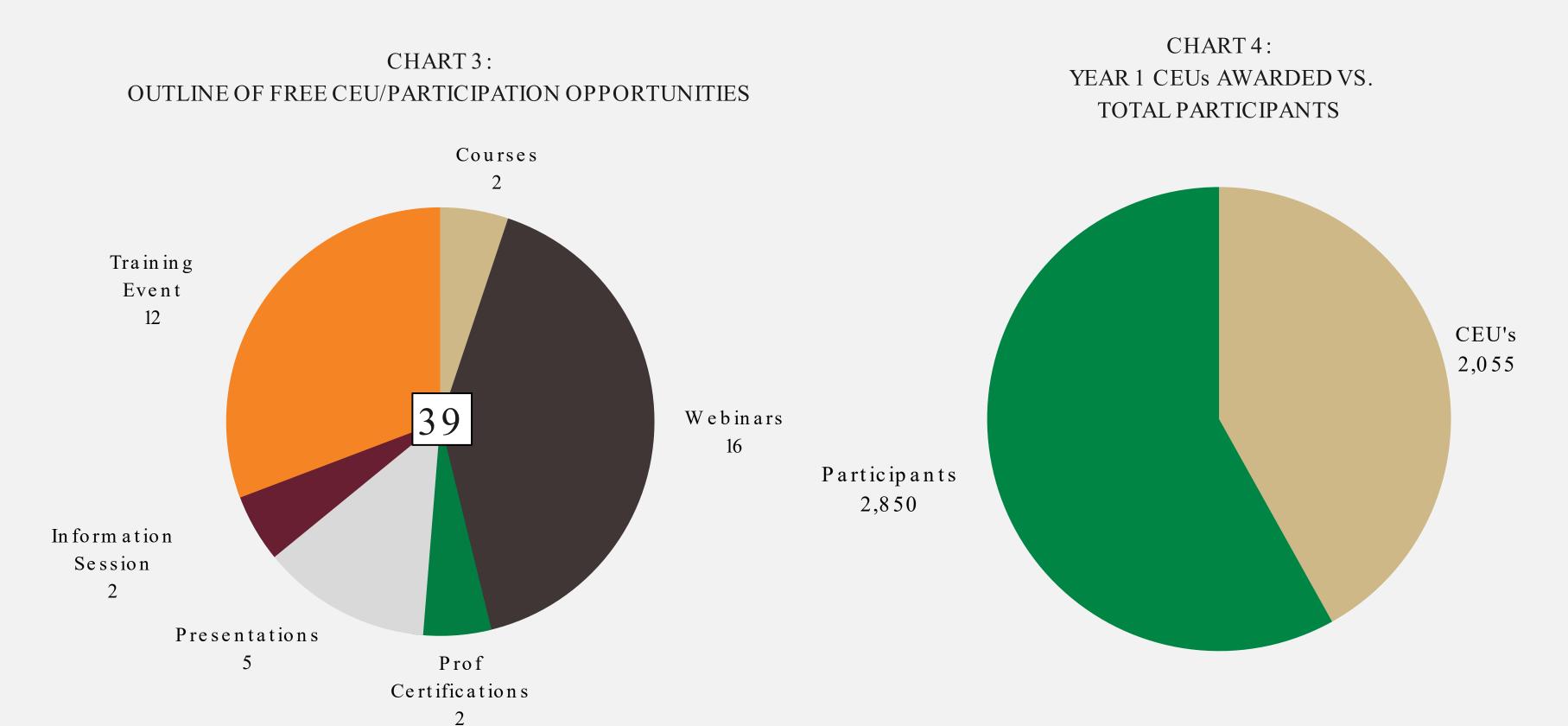


In Year 1 we hosted 3 Events where we distributed Harm Reduction Supplies and Educational Materials. Chart #2 indicates the total # of supplies and materials distributed

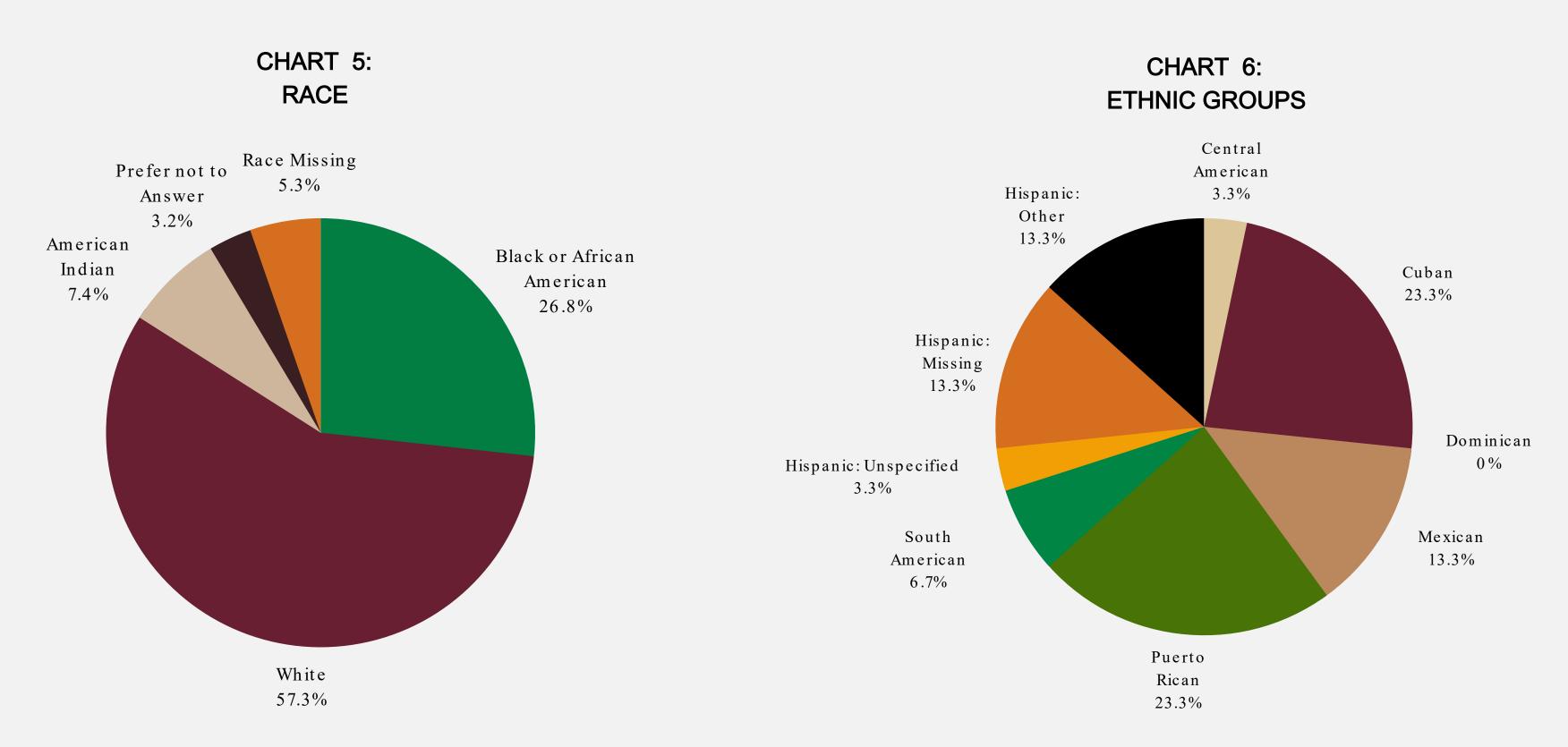
- ROTA-RC Annual Symposium
- "Pitch Your Pills" Tabling
  Events across Leon County
- Decatur County (GA)
   Community Resources and
   Information Fair

CHART 2: YEAR 1 HARM REDUCTION SUPPLIES AND EDUCATIONAL MATERIALS DISTRIBUTED

# Year 1 Continuing Education Units Awarded & Overall Participation



Demographics of individuals who attended events (if available) The demographics are compiled from the responses on the event GPRA survey.



# Communities Served by ROTA-RC

Map from project start date through 6-month reporting period (September 2022-March 2023)

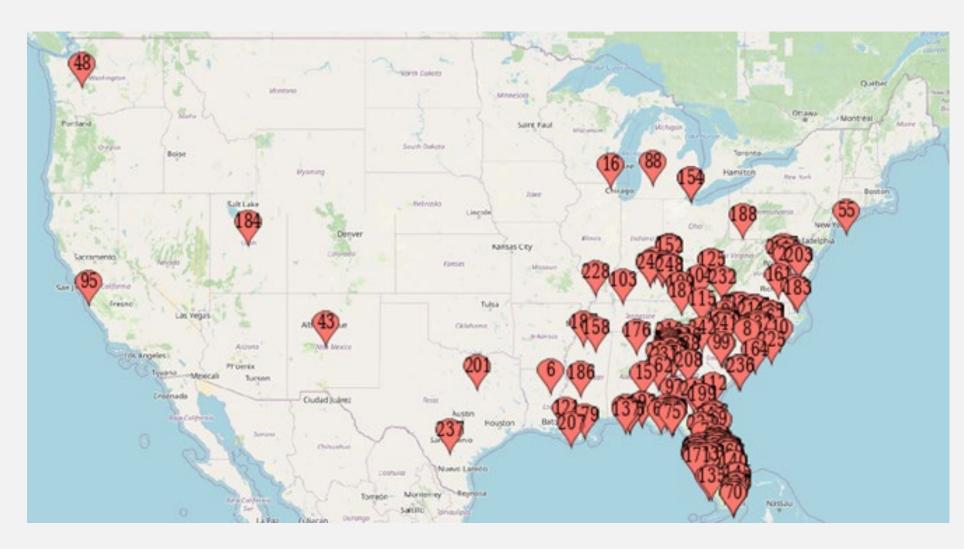
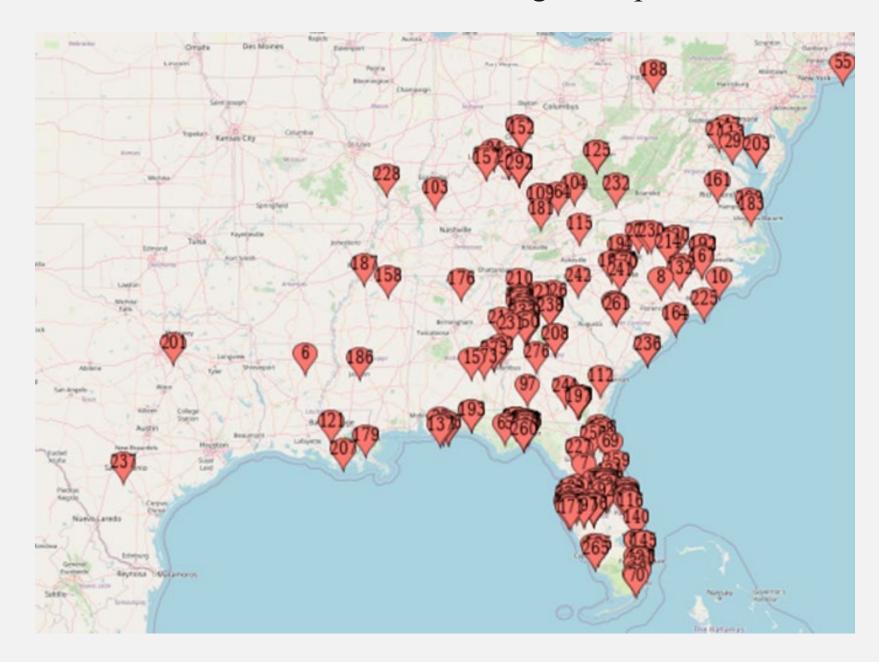


Photo A: Overall Reach

Photo B: Region-Specific Reach



"Truly the inspiring efforts going on this field. Attending reinvigorated me"

# Positive Outcomes and Feedback

"Gained a better idea of how large this crisis is and how easy it is to be treated"

"I loved learning more about harm reduction and better language to use around people who use drugs"

"There were a wealth of resources I can link back to"

"Learning about the wealth of resources available and work being poured into opioid and substance abuse prevention, intervention, and recovery"



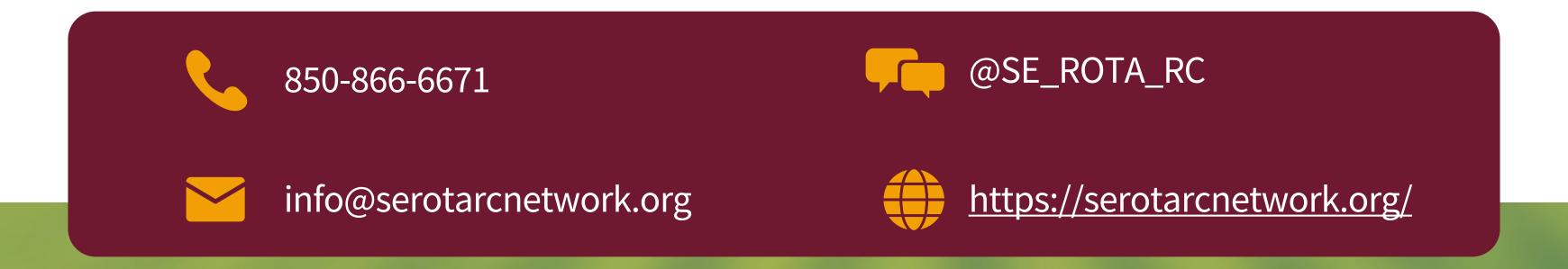
"Very good in depth information"





# Get Connected With Us

Contact Information



# THANK YOU.

# Questions?



SAMHSA requires all grantees to collect and report the Government Performance and Results Act (GPRA) for performance management. We ask that you please complete the survey to assist in making needed improvements and measure how we are performing. The QR code below and link will allow access to the survey.

bit.ly/3t15K3A



Thank you in advance for taking the time to complete this survey.