

# INSPIRE TO RISE COMMUNITY CENTER

## STRENGTHENING FAMILIES THROUGH SERVICES



**5927 OLD TIMUQUANA ROAD  
JACKSONVILLE, FL 32210  
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**UPDATED JANUARY 2024**

# INSPIRE TO RISE, INC. — WHO WE ARE

- ❑ We are community centers filled with resources and supportive services that provide kindness, hope, and love to its local community.
- ❑ We share our passion of inspiring and helping children, families, and individuals.
- ❑ We are focused on holistically helping make the community a little better, happier, and healthier place.



# INSPIRE TO RISE, INC. - MISSION & VISION

## **Mission:**

To inspire and empower children, families, and individuals to rise, overcome, and shine through their most challenging moments in life to become their best self.



## **Vision:**

To be comprehensive, wraparound, and full-service community centers that help to inspire children, families, and individuals address their individual trauma and family needs, and become their best self for themselves and for their families.

# INSPIRE TO RISE - SERVICES OFFERED

## **Inspiring through Community Behavioral Health Services**

- Psychiatric Services, Evaluation & Medication Management
- Individual Therapy, Family Therapy, Couples / Marriage Therapy.
- RISE & RISE Family Program - Substance Abuse Assessment, Outpatient Treatment, Intervention, & Case Management Support Services
- Psychosocial Rehabilitation Classes

## **Inspiring through Community Education**

- Parenting Education, Individual & Group Parenting
- Coached & Traditional Supervised Visitation Services
- Tutoring Services
- Life Skills Education Classes
- Safety Plan Support Services

## **Inspiring through Community Services & Resource Connection**

- Resource Connections & Access Benefit Applications
- The Sammy Project – A Substance Exposed Newborn Prevention Program
- RISE Family Program – An In-Home Prevention & Treatment Program
- Inspire to Rise - Healthy Start Services

## **Inspiring through the Arts**

- Youth Cooking Classes & Our Peer Community Garden

## **Inspiring through Mentoring & Advocacy**

- OD2A Peer Community Advocacy Program



# INSPIRE TO RISE – WHERE WE ARE LOCATED

## **ITR-Westside:**

5927 Old Timuquana Road,  
Jacksonville, FL 32210



## **ITR-Northwest:**

2901 Commonwealth Avenue,  
Jacksonville, FL 32254

## **ITR-Nassau:**

96016 Lofton Square Court, Yulee,  
FL 32097

# INSPIRE TO RISE, INC. – OUR FOCUS

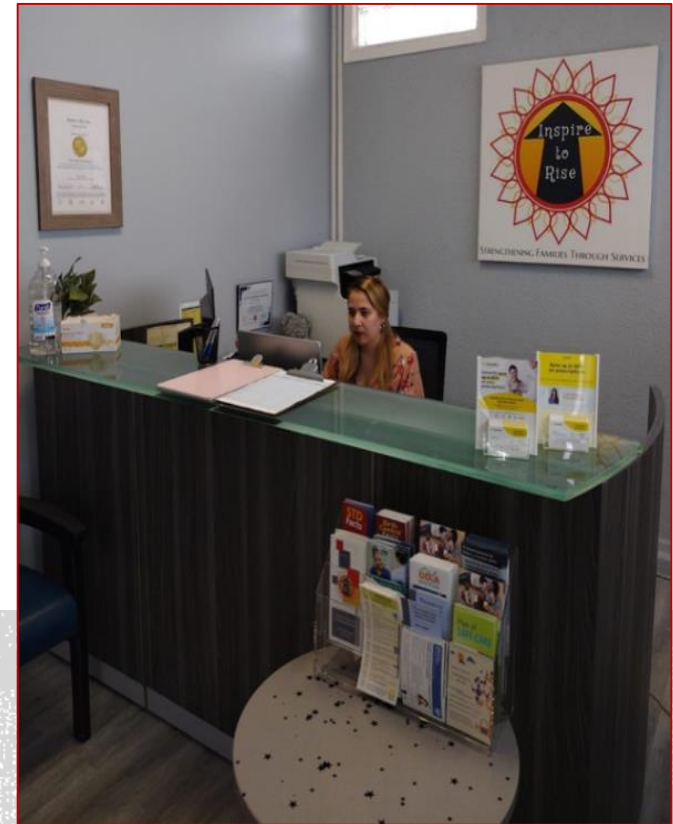
We **Inspire** by offering comprehensive, evidence-based and best practice services that holistically treat an individual's heart, mind, and soul through small actions that create a great impact.

The focus is to address an individual and family's protective factors and rebuild and sustain an improved quality of life in the community, focusing on:

- Integrating those struggling with substance abuse and mental health issues back into the community,
  - Addressing & reversing the effects of trauma,
  - Serving as a resource center promoting protective factors,
  - Breaking the cycle of child abuse & neglect,
  - Addressing some of the needs of those struggling with poverty,
  - Assisting with the personal growth & overall wellness of those we serve, and
  - Strengthening families.
- The belief is ***Stronger Families = a Stronger Community.***

# MEET THE ITR INTAKE & COMMUNITY RESOURCE TEAM

LED BY INTAKE, TRAINING, & OUTREACH DIRECTOR FELECIA GARDNER &  
PROGRAM COORDINATOR SARY BATISTA JIMENEZ



# THE REFERRAL & INTAKE PROCESS EXPLAINED

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BY INTAKE, TRAINING, & OUTREACH DIRECTOR FELECIA GARDNER

**Insurance Panels Accepted:**

- Straight Medicaid
- Staywell / Wellcare
- Children's Medical Services
- Magellan
- Tricare East
- Sunshine Health
- Ambetter
- Humana – Psychiatric Services Only
- Aetna

**Fee for Service:** Based on services provided.

**Other Funding Sources for Duval County Only:**

- Provided LSF Health System - Must meet 150% of poverty level.
- Partnership for Child Health – Recast CAREs Youth Mental Health Funding.

**Sliding Scale Discount Available:** Based on income and as family's needs identified.







## INSPIRE TO RISE AWARENESS KITS & BABY BAGS / BASKETS

Families receive an awareness bag filled with Narcan Kit and lots of resource information.

Families will also receive a “welcome baby bag” filled with baby supplies, diapers, wipes, baby blanket, books, etc. This helps us with engagement.

Bags are sponsored by Verizon Grant, Diaper Bank of NE Florida, Linus Project, & JFRD.



# COMMUNITY SERVICES – PREVENTION, OUTREACH, & CARE COORDINATION EXPLAINED

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BY PREVENTION & FAMILY PRESERVATION DIRECTOR ROBIN ROSSMANITH



- ❑ **The Sammy Project:** a Substance Exposed Newborn Prevention Program
- ❑ **RISE & RISE Family Programs:** Care Coordination for individuals & families struggling with substance misuse, mental health, and/or co-occurring disorders.
- ❑ **Screen Out Cases:** a Prevention Program focused on working with pregnant women actively misusing substances.

# COMMUNITY SERVICES – OUTREACH, PREVENTION, & CARE COORDINATION EXPLAINED

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## OUTREACH

- Host quarterly community education and outreach Inspire to Rise events that cater to the community and includes the participants.
- Collaborate with other service providers, businesses, etc.
- Follow up with referred participants at their home.



## PREVENTION

- Eliminate barriers to services – bus passes, virtual services, participant portals.
- Provide resources to support families – diapers, food bags, welcome baby bag.
- Connect to available supports in the community.

## CARE COORDINATION

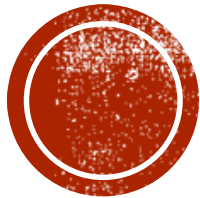
- Enroll through portal, in office, via telehealth, and in home / community.
- Assess in home safety issues.
- Conduct developmental screenings for babies/children and link to care.
- Provide education on parenting and life skills to adults/caregivers.
- Work towards participant identified treatment goals.



# COMMUNITY EDUCATION EXPLAINED

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BY PREVENTION & FAMILY PRESERVATION DIRECTOR ROBIN ROSSMANITH



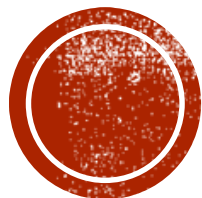
- ❑ **Individualized & Group Parenting Education:** Nurturing Parenting Program, Circle of Security, Healthy Start Partners for Healthy Babies – Available Face to Face or Virtual.
- ❑ **Coached Parenting:** In home or at visitation services.
- ❑ **Visitation Services:** Available at 3 Inspire To Rise Centers, in community, or virtually.
- ❑ **Individual or Group Life Skills for Adults and Teens:** In person or virtually.
- ❑ **Safety Plan Support:** Post reunification or during unsupervised visits.
- ❑ **Free Group Tutoring:** Once a week at ITR Main Campus on Westside.
- ❑ **Healthy Start:** Free home visiting program for prenatal mothers or children 0-36 months. Care coordination, prenatal and parenting education, and developmental screenings.



# COMMUNITY BEHAVIORAL HEALTH EXPLAINED

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BY COMMUNITY BEHAVIORAL HEALTH DIRECTOR ANNA SANTIAGO

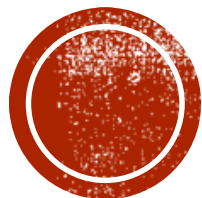


- ❑ **Psychiatric Services:** Evaluation & Medication Management. Currently on hold until we find a Psychiatric Provider.
- ❑ **Individual & Family Services:** Individual Therapy, Family Therapy, Couples / Marriage Therapy.
- ❑ **RISE & RISE Family Programs:** Substance Abuse Assessment, Outpatient Treatment, and Intervention Services
- ❑ **Peer Community Advocacy:** Certified Peer Recovery Specialists

# COMMUNITY BEHAVIORAL HEALTH EXPLAINED

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BY COMMUNITY BEHAVIORAL HEALTH DIRECTOR ANNA SANTIAGO



**RISE – Outpatient:** a program designed to help develop a sober lifestyle through psychoeducation on substances, the effect of substances, relapse prevention, developing coping skills, and build a network of support. Through the outpatient program, participants gather further understanding into their substance use and are given specific skills to learn how to target their addictive behaviors.

**RISE – Intervention:** a program tailored to continue to help maintain the sobriety of participants that have already developed a foundation for sobriety. In this program they continue to develop and strengthen coping skills, relapse prevention tactics, and strengthen their sober community.

**RISE – Family:** an intensive in-home prevention and treatment program tailored to address families' struggling with substance abuse and/or mental health needs to resource connection, treatment, intervention, education, and overall wellness.

# PEER COMMUNITY ADVOCACY EXPLAINED

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BY LEAD PEER COMMUNITY ADVOCATE LOLA SRIBRYANETS

## Overdose2Action (OD2A) Peer Community Advocacy Program:



Peer Recovery Support Specialist are paraprofessionals that have a first-hand understanding of the challenges regarding sobriety. They:

- Help participants develop a recovery plan and support network to strengthen the recovery process.
- Advocate for the participants to ensure all needs are met in a holistic approach.
- Teach participants how to develop their network of support and life skills in our weekly peer individual sessions and groups.

# INSPIRE TO RISE – OUR STRENGTH IS COLLABORATION

- ❑ There is strength in unity, and collaborative partnerships with stakeholders like you who also have a vested interest in seeing their local community thrive is the key to the success of the Inspire to Rise Community Center model.
- ❑ The collaborative partnerships and holistic approach provides additional wraparound, concrete supports, educational opportunities, and family functioning and resiliency supports to our most vulnerable populations impacted by substance misuse, mental health, child abuse and neglect, and trauma.
- ❑ **Ultimate Impact:** Address mental health needs and substance misuse issues, reduce the number of child removals; reduce the infant mortality rates; reduce the number of children born with neonatal abstinence syndrome; and reduce families' involvement with the Department of Children and Families and the criminal court system.



# INSPIRE TO RISE – OUR CURRENT PARTNERS

## ❑ **Community Partners for Referral Sources:**

Department of Children and Families, Kids First of Florida, Agency for Healthcare Administration, Northeast Florida Early Steps, Partnership for Child Health, Jacksonville Sheriff's Office Re-entry Program, Family Support Services – Community Agencies, & Dependency Court System, Flagler – Health BRAVE Program.

## ❑ **Community Partners for Community Education:**

Providence Christian Fellowship Church (PCF), NE Florida's Healthy Start's Fatherhood PRIDE Program, Drug Free Duval, UF/IFAS Family Nutrition Program, JFRD, Yoga 4 Change, Tamika's School of Epicure, Area Health Education Center (AHEC) & Tobacco Free Duval, Center for Children's Rights.

## ❑ **Community Partners for Access to Affordable Healthcare & Concrete Supports:**

Agape Community Health, Community Health Outreach, DOH, Volunteers of Medicine, Downtown Ecumenical Services Council (DESC), CAN Community Health, JFCS / Max Block Foundation Food Pantry, Healing Roots, Living with Loss, Diaper Bank of NE Florida, Presbyterian Social Ministries.

## ❑ **Community Partners for Community Events & Social Support Opportunities:**

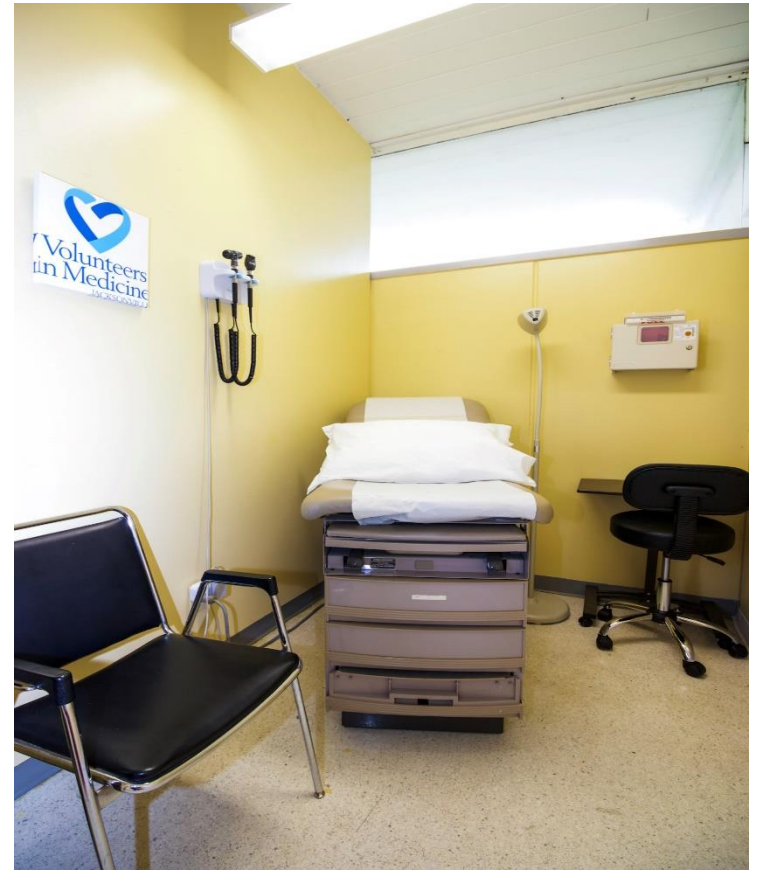
Merrill Edge, SellState High Performance Realty, Florida Blue, United Healthcare, Walgreens, & The Partnership: for Mental Health, a project of Baptist Health and the Delores Barr Weaver Fund, All Well Pharmacy, EA Dance Co., JFRD, VIM, PCF, Ambetter from Sunshine Health, Unite Us, Healthy Start, Agape, Sulzbacher Center, Walmart Health & Dental.

## ❑ **Community Partners for Professional Workforce Enhancement:**

Prevent Child Abuse Florida, Healthy Start Coalition, LSF Health Systems, Department of Health, Health Planning Council, & Community Coalition Alliance, FSU, Saint Leo, Walden, & UNF Internship Program, Hope Street, Voices Institute



Volunteers  
in Medicine  
JACKSONVILLE





# SHARING OUTREACH SUCCESS STORIES





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# INSPIRE TO RISE, INC. PROGRAM IMPACT



# INSPIRE TO RISE – OUR 2022 PROGRAM IMPACT

January 2022 – December 2022		No. of Participants
(1)	<p>No. of Participants Services (Unduplicated)</p> <p>Note: Includes 334 families involved with our substance misuse prevention programs and 222 Healthy Start participants.</p>	1 199 participants
(2)	No. of Services Provided (Duplicated Participants)	11,850 program services
(3)	<p>Concrete Supports Provided:</p> <ul style="list-style-type: none"> <li>○ Access Applications: 20</li> <li>○ Narcan Kits: 517</li> <li>○ Dispose Rx / Deterra Dissolving Kits: 1000</li> <li>○ Food Pantry: 710 food bags provided, impacting 1848 individuals</li> <li>○ Condoms: 3,000</li> <li>○ Diapers: 48,484</li> <li>○ Bus Passes: 250</li> </ul>	53,981 concrete supports
(4)	Outreach Services Impact:	4,765 individuals
(5)	Current Active Census as of 08/21/23	414 individuals

# INSPIRE TO RISE – CURRENT CENSUS

Since opening our doors on the Westside in April 2019, Inspire to Rise provides an annual average of 12,000+ services and an additional 5000+ participants are served by one or more of our free community partnerships, concrete supports, and/or outreach services.

<b>Current Census – December 2023</b>		<b>No. of Participants</b>
(1)	No. of Referrals Received	94
(2)	Average Current Census	385+ participants
(3)	No. of Services Provided	1600
(4)	No. of Concrete Supports Provided	3417
(5)	No. of Outreach Events	28
(6)	No. of Participants Served by Outreach Services	697





# Jacksonville Fire & Rescue Department Overdose Data

## ❑ Data Source

- Jacksonville Fire & Rescue Department, City of Jacksonville, Florida
- Mark E. Rowley, BSN, RN, EMT-P, CAPO, Lieutenant - Rescue 62-B Shift (with additional analysis and chart/graph development by Laura Viafora Ray, MPH, CPH, Project Director - The Safe and Healthy Neighborhoods Project)

## ❑ Definition

- **Suspected Opioid-Related Overdose** = the following type of incidents: naloxone administered and nature of call at scene is "ingestion/poisoning/OD", OR naloxone administered and clinical impression is "opioid-related", OR overdose reported with the following substances: "Fentanyl, Carfentanil or Heroin", OR overdose reported with naloxone administration

## ❑ Additional Notes

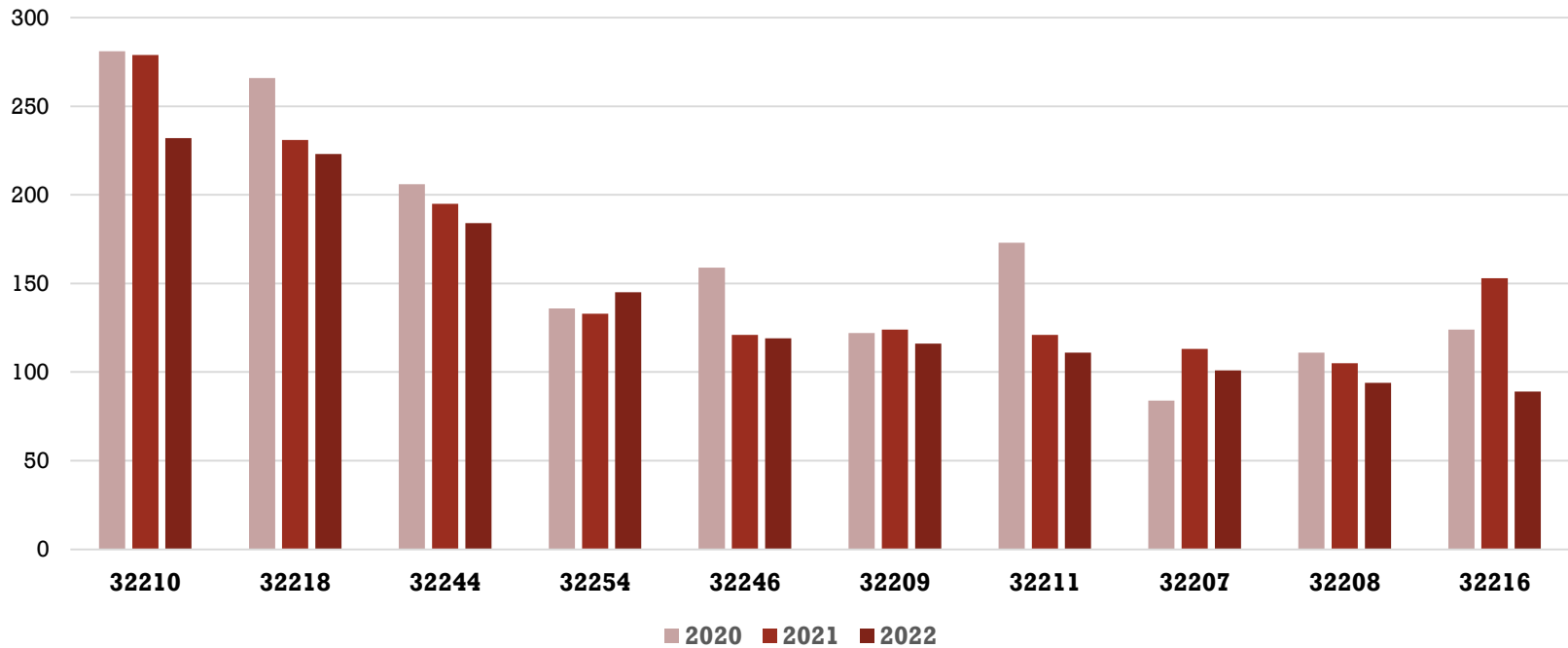
- A 911 call received as overdose and/or naloxone administration does not necessarily confirm an overdose, opioid use, or opioid misuse



# Suspected Opioid-Related Overdose Patients by Incident Zip Code

## Top 10 Zip Codes

### 2020-2022; Q1-Q3



# OUR INSPIRE TO RISE TEAM PROGRAM SUCCESS STORIES





# INSPIRE TO RISE TEAM — SUCCESS

## **New Partnership with Feeding Northeast Florida, in partnership with Tamika's School of Epicure:**

- ❑ On 8/25/23, we were approved to be a Feeding NEFL food distribution site.
- ❑ Distributions were completed on 09/21/23, 09/22/23, and 09/23/23.
- ❑ Distributions are now done every Tuesday at 12 PM and every Saturday at 11:00 AM.

## **Participant Success Story:**

- ❑ Jane\* is a transgender female receiving peer services at Inspire to Rise. She was self-medicating with marijuana and obtaining gender affirming hormones illegally. Now, she receives services and treatment regularly and is receiving medication and hormone therapy legally. Most importantly, she has stopped using marijuana without effort. She says that she does not need it anymore and recognizes that she wasn't happy with herself and her situation.

## **Community Outreach Impact:**

- ❑ 305 individuals were documented receiving supports at community outreach events. The participants were provided with Narcan, Deterra, condoms, and flyers.
- ❑ Two individuals approached peers at outreach events and reported successful overdose reversals from Narcan obtained from Inspire to Rise. THAT'S TWO LIVES SAVED!

# INTAKE & COMMUNITY RESOURCE TEAM – NEW PARTNERSHIP SUCCESS WITH FEEDING NE FLORIDA & TAMIKA'S SCHOOL OF EPICURE







## THE PEER COMMUNITY GARDEN

It is named “Our Peer Garden”. We have had lots of participants, staff, and volunteers helping to build it.

A participant funded the garden beds, irrigation system, and materials. Participants are bringing the garden to life.

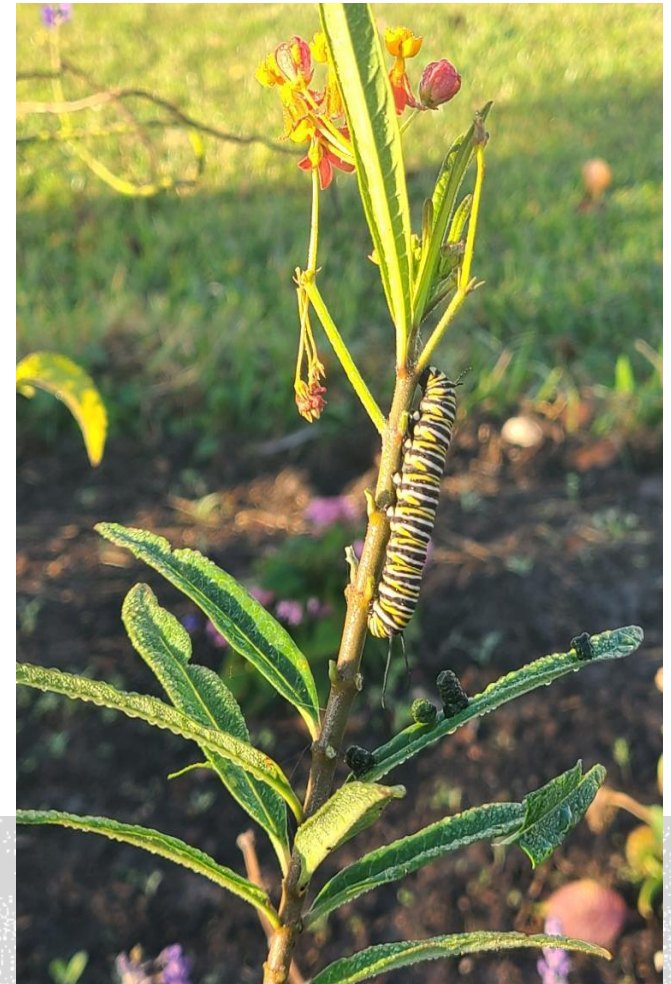
We continue to need more volunteers. Other recovery centers are interested in sending participants to help.





# PEER COMMUNITY ADVOCATE TEAM – SUCCESS

## BI-WEEKLY PEER COMMUNITY GARDEN PARTIES







## **INSPIRE TO RISE COMMUNITY CENTERS**

**ITR-WESTSIDE (MAIN): 5927 OLD TIMUQUANA ROAD, JACKSONVILLE, FL 32210**

**ITR-NORTHWEST: 2901 COMMONWEALTH AVENUE, JACKSONVILLE, FL 32254**

**ITR-NASSAU: 96016 LOFTON SQUARE COURT, YULEE, FL 32097**



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